



Respecting Choices®

Transforming person-centered care

Respecting Choices (RC) is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care; **care that honors an individual's goals and values for current and future healthcare.**

Respecting Choices coordinated, systematic approach to ACP has been successfully replicated in diverse communities and cultures worldwide and integrated into major healthcare organizations such as:

- Kaiser Permanente of Northern California
- Dartmouth Hitchcock
- Wisconsin Medical Society

The Respecting Choices model also assists organizations in achieving accreditation and certification, and meeting legal and regulatory requirements.

Mission

We guide organizations and communities worldwide to effectively implement and sustain evidence-based systems that provide person-centered care.

Vision

To transform healthcare culture by integrating and disseminating best practices to achieve person-centered care.

RC: Why implement RC in your hospital?

Respecting Choices helps to achieve the Triple Aim for patients who use the most health services and need the most support.

RC improves patient care experience +

- Effective advance care planning can better ensure that patients receive medical management that matches their identified goals
- Personalized medical management leads to:
 - The highest level of function possible
 - Timely symptom management

- Timely use of treatment, along with palliative and hospice care with no change in length of life

RC improves population health



- Patients and families are more satisfied with their care
- Planning lowers moral distress
- Increased communication leads to healthier bereavement after the death of the patient

RC reduces the per capita cost of care



- Almost all Americans say they "don't want to die hooked up to machines." As people reach the point of advanced illness they seek more support and less "curative" intervention
- If we identify these choices and honor them, we will avoid the use of expensive resources that patients don't value or benefit from

How do I get started

Gaining adequate leadership support is critical. Use our leadership engagement tools for making a case with leaders and stakeholders.

- Leadership Engagement
- In the end, making hard decisions about dying brings personal, financial benefits
- Return on Investment