

## Tips for Success with Combative Patients

Give enough personal space



Tell before touch



Be mindful of the side effects of medication



Set up your environment



Explain what you are doing and why



Decrease loud noises



Speak slowly in a calm, low tone voice



Give positive feedback



Remember: Prepare, Initiate, Complete!



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## **Tips to Avoid Aggression**



Harsh punishment

Yelling

Rushing the individual

Using multiple steps

Speaking fast

Being "touchy-feely"

Crowds

Planning outings/events without paying attention to potential side effects of medications

Stating a command only once

Loud and/or sudden noises and movements

Brightly colored rooms

