#### State of South Dakota

# Request for Information (RFI)

# Resources to Support Integration of Mental Health and Substance Use Screening & Response Strategies in Medical Settings

South Dakota SBIRT (Screening, Brief Intervention, and Referral to Treatment)

Responses Due: November 12, 2018

Issued: October 11, 2018

Requesting Organization:

South Dakota Department of Social Services (DSS)

Division of Behavioral Health



State of South Dakota, Department of Social Services

**Request for Information** 

#### PART I: GENERAL INFORMATION

## PURPOSE OF REQUEST FOR INFORMATION

The South Dakota Department of Social Services (DSS) Division of Behavioral Health (DBH) is issuing this Request for Information (RFI) to solicit information regarding suggested proposals and interest from clinic- or medical-home partners interested in enhancing or expanding their integrated behavioral health services through systematic screening for and response to incidences at-risk substance use among their patients. This is specific to grant activities related to the Screening Brief Intervention and Referral to Treatment (SBIRT) grant issued by SAMHSA (Substance Abuse and Mental Health Services Administration).

Upon review of the RFI responses received, DSS intends to identify potential partners whose proposals will be included in continuation applications and carryover request applications for activities in Years 4 and 5 of the 5-year grant.

Supported strategies must include *clinic capacity building* through enhanced IT infrastructure, electronic medical record enhancement, integrated behavioral health support services, and/or other supporting elements that allow for *integration of behavioral health and substance abuse screening and responsive treatment pathways for at-risk individuals.* 

#### **RESPONSE SUBMISSION & PROCESS**

This process is a Request for Information; DSS DBH wants to make this process as easy as possible for interested partners. The Division is open to and would welcome a planning teleconference to discuss your ideas and approaches as you consider responding to this RFI. The Division is seeking to maximize its opportunities available through the SBIRT grant funding in the area of integrating behavioral health services and primary care settings.

TIMELINE: Responses are due to DBH no later than Monday, November 12, 2018, 5:00 p.m. central time.

WHERE TO SEND: Please submit your responses electronically to the attention of Kayla LaBrie, Division of Behavioral Health, Department of Social Services at DSSBH@state.sd.us. The Division may contact respondents for additional dialogue, input and cost assumptions based on submitted responses. If a follow-up call with DBH is desired, please indicate within your submitted RFI.

**FORMAT:** Responses should follow the general format provided in **Part II** of this RFI, Request for Information Format. There is no page limit, but DBH appreciates your concise feedback on proposed strategies.

**PROPRIETARY INFORMATION:** Respondents should be aware that the results of this RFI may be public information and that no claims of confidentiality will be honored. DSS is not requesting, and does not require, confidential proprietary information or other competitively sensitive information to be included as part of the RFI response.

#### **DBH PRIORITY AREAS**

Partner selection priority will be given to South Dakota-based organizations that are a) serving as a primary care clinic and/or medical home, or b) military service units. Respondents that provide the best demonstration of organizational readiness for and commitment to long-term integration of SBIRT services will also be given preference in selection. The size of a clinic, scale of proposed services, or community need are not selection criteria for this RFI; emphasis is placed on the likelihood of long-term, continued

integration of substance use and mental health screenings and the corresponding integrated or community-based services in support of any issues identified for sustainability.

#### AVAILABLE FUNDING

Approximately \$1.6 million for Year 4 (September 29, 2019 - September 29, 2020) and \$1.6 million for Year 5 (September 29, 2020 - September 29, 2021) is available to support integration of SBIRT. There are also unobligated funds from Year 3 that may be available.

Funding of any and all programs supported as a result of this RFI is contingent on federal funding through the Screening, Brief Intervention, and Referral to Treatment (SBIRT) grant issued by SAMHSA. The continuation of any contract resulting from this RFI is dependent on the partner's performance in implementing the services as outlined and availability of federal funds.

## **BACKGROUND**

DSS DBH received funding through a State Cooperative Agreement with SAMHSA in September 2016 to implement SBIRT across the state. SBIRT utilizes a screening process that includes a pre-screen (single questions that assesses a patient's risk level associated with substance and alcohol use) followed by a full-screen for positive pre-screen results. The following table identifies the required South Dakota SBIRT screening tools for use among selected partners.

Required South Dakota SBIRT Screening Tools	Pre-Screen	Full Screen
Alcohol Use	AUDIT-C	AUDIT
Drug Use	DAST, single question	DAST-10
Mental Health/Depression	PHQ-9	N/A
Tobacco	Single tobacco question	N/A

Offerors are encouraged to review all attachments to this RFI prior to submitting their response. Offerors are also encouraged to review the Substance Abuse and Mental Health Services Administration (SAMHSA) website (<a href="https://www.integration.samhsa.gov/">https://www.integration.samhsa.gov/</a> and <a href="https://www.samhsa.gov/sbirt">https://www.samhsa.gov/sbirt</a>) regarding SBIRT and integrated services for more information about the program and strategies for implementation used nationwide.

## PROGRAM EXPECTATIONS & REQUIRED ACTIVITIES

Attached is the SAMHSA SBIRT Funding Opportunity Announcement, please refer to section I. Funding Opportunity Description to review key expectations, requirements, and allowable activities.

## **DISCLAIMERS**

This RFI is issued for information and planning purposes only and does not constitute a solicitation for future business, an offer for procurement or any other type of current or future procurement or contractual action and is only intended to gather information and input. DSS will not award a contract or any other

type of agreement on the basis of this RFI or otherwise pay for any of the information received. The information gathered through this process may be used in the development of future documents. However, DSS does not guarantee that this will occur. Respondents are solely responsible for all expenses associated with responding to this RFI.

## PART II: REQUEST FOR INFORMATION RESPONSE TEMPLATE

Please include the following components in your response package:

- 1. Cover Sheet [insert cover sheet template as Attachment A], signed by your organization's authorized official
- 2. Narrative response to the *Overview*, *Key Personnel*, and *Proposed SBIRT Integration* sections (see below).

## NARRATIVE RESPONSE GUIDANCE

Clear and concise responses to each of the following points should be prepared to attest to the offeror's capabilities and capacity to implement SBIRT processes within their site(s) as identified.

## **OVERVIEW** Describe the offeror's organization and philosophy towards the integration of behavioral health care within primary care as a medical provider within South Dakota. Describe the total patient population served by the clinic, including the average number of individuals served in a year. Define the current geographical clinic service area. If outreach clinic(s) are hosted through or by the Offeror, describe those services and locations. Provide a demographic profile of the clinic patient population. Note areas of culture, ethnic, racial, or other disparate population groups, and previous efforts conducted by the clinic at serving those patients.

#### KEY PERSONNEL

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Provide a listing of key personnel and their professional experience for the project, including at minimum the following key roles:	
Implementation Site Lead	
<ul> <li>Implementation Consultant(s)/Subject Matter Experts in the areas of i) Work Flow &amp; Brief Intervention Services, ii) Training &amp; Education, and iii) sustainability and billing process review.</li> </ul>	
<ul> <li>Physician Champion (to promote SBIRT among fellow physicians practicing at clinic site(s), participate in select teleconferences with the SBIRT Implementation Team and associated in-person meetings, federal site visits, and trainings as they are conducted</li> </ul>	

across proposed site(s).	
EHR/IT Lead or Support Staff (to develop, text, and provide education about data collection and screening workflow to their peers in clinic on an as-needed basis).	
PROPOSED SBIRT INTEGRATION	
Describe the clinic's proposed approach to integrating SBIRT into the clinic workflow. Refer to Attachment C for a model work flow that is being used within Phase I SBIRT clinics in South Dakota.	
Provide the projected number of individuals to be screened through the project (monthly estimate). Refer to Attachment D for a sample table that can be modified to demonstrate the projected patient population to be served by the project.	
Describe how the proposed strategy will address the State's priority populations including a) women of child-bearing age, b) Native Americans, and c) military personnel within South Dakota.	
Describe your proposed strategy for integrated behavioral health services/counselors on site and/or referral networks within your community to support patients that screen at an elevated risk level.	
Describe the clinic's need for upgrades/system modifications and/or customization capabilities to the present EHR platform and estimated timeline for completing any proposed modifications, in alignment with the Cost Proposal.	