

AHA PHYSICIAN LEADERSHIP EXPERIENCE

BOSTON (JULY 17-19) // COLORADO SPRINGS (OCT 30 - NOV 1)

Increasing demands on physician and administrative leaders have created an epidemic of burnout.

The AHA Physician Leadership Experience helps participants create a new professional strategy to offset the demands of the 24/7/365, fast-paced and unrelenting health care environment.

Participants develop the powerful ability to create new skills, patterns and rituals that intentionally create equilibrium between the competing dimensions of their lives. Participants learn to elevate their personal leadership in every aspect of their lives, which allows them to regain control of what is foundationally core, and what truly matters most in their life and work.

The Physician Leadership Experience provides:

- Guided examination of current experience (life and work) revealing barriers, patterns and blind spots embedded in demands of work.
- Personal and professional insights informed by executive coaching team that inform authentic ways to influence an individual's future career and personal path.
- Tools to create a new foundation that facilitates greater satisfaction and life/work fulfillment.

COURSE ROAD MAP

READINESS

1

Preparation exercises, pre-course coaching session and group conference call to prepare participants and maximize the experience.

3-DAY IMMERSION

2

Intensive and engaging group learning experience that guides participants through the creation of a new way to lead in their lives and careers.

PRACTICAL APPLICATION

3

Real-world practice, tools and connection with fellow participants for support, encouragement and accountability.

CAPSTONE SESSION

4

Two-hour video session reflecting on lessons learned along with coaching support to expand the experience into a life-long practice.

SIGN UP TODAY!

EARLY BIRD REGISTRATION \$3,500 BY MAY 17

Registration \$5,000 for AHA Physician Alliance members.

Visit aha.org/physicians to reserve your spot.



*Fee covers 3 days of lodging, meals, intensive coaching and skill development. Available exclusively to individuals who join the AHA Physician Alliance.



NICHOLAS BEAMON

NICHOLAS.BEAMON@ONETEAMLEADERSHIP.COM // 704-594-5180



Nicholas Beamon specializes in organizational culture building healthy and effective teams, and developing highly capable leaders. Nicholas brings 20 years of corporate banking experience to his consulting work. In his role as a senior vice president for a national bank he was responsible for strategic development, execution of major business lines, executive recruiting strategy and senior talent development.

Nicholas has a finance degree from the University of South Carolina and an MBA from the McColl School of Business at Queens University in Charlotte, NC. He is married with two sons. When he is not enjoying being immersed in his life's work, he spends a lot of his free time coaching on the baseball field.

TOM JENIKE, M.D.

TEJENIKE@NOVANTHEALTH.ORG // 704-384-1903



Tom Jenike, MD, is a family physician and serves as Senior Vice President and Chief Human Experience Officer for Novant Health in addition to being a member of the NHmg Executive Team.

Tom received his BA from the University of Colorado, Boulder, and his medical degree from The Ohio State University. He is a Diplomat of the American Academy of Family Physicians and an associate professor at The University of North Carolina College of Medicine.

Tom is married with two teenage children. He enjoys reading, exercising and traveling. When possible you will find him cheering on the kids' sports teams, but his favorite place to be is on the golf course with his son Jake and daughter Sophie.

TESTIMONIALS

FROM PAST PARTICIPANTS OF THE ONETEAM LEADERSHIP EXPERIENCE

"This program saved my career. But what's really important is that it saved my marriage, my relationship with my kids, and most likely MY LIFE. Thank you from the bottom of my heart." – Physical Medicine and Rehabilitation Physician

"You've invested 7-10 years of training for a career that is likely to last 40 years. Wouldn't it be worth a few more days to ensure that you enjoy it?" – Family Physician

"This program provided amazing insight to work/life balance. This is a new start for me! I have renewed faith that I can turn my life around." – Administrative Leader

"My life changed significantly since participating in the physician wellness program. Like many, I was frustrated and overwhelmed both personally and professionally. I was able to gain insight, rejuvenate, and begin to improve my future." – Family Physician



Email physicianalliance@aha.org to reserve your spot.

