



# South Dakota Farm & Ranch Stress Summit

## September 23-25

### Arrowwood Cedar Shore Resort & Conference Center in Oacoma, SD

For any questions about the Summit, please contact:

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**Day 1:** Keynote speaker, breakout sessions, "Weathering the Storm" Workshop (for producers)

**Day 2:** Tools for counselors, agri-businessmen, and community members on how to recognize and aid those in the agricultural community experiencing chronic stress. "Communicating with Farmers Under Stress" Workshop, will be provided.

**Day 3:** Mental Health First Aid Training (8-hour certification).

#### Registration costs:

- Registration with CEUs: \$75 for 1 day, \$125 for 2 days;
- Without CEUs: \$25 for 1 day, \$40 for 2 days;
- Weathering the Storm: \$5;
- Mental Health First Aid (September 25): \$60

To register and for more information visit:  
[extension.sdstate.edu/events](https://extension.sdstate.edu/events)