

Details

Tuesday, January 28, 2020
11:00—12:00 pm CT

[Register Online](#)

SDAHO Member: \$150
Non-member: \$300

Questions?

[Michella Sybesma](#)

605-789-7528



*Prior registration is required.
Registration deadline is January 24, 2020. No-shows will be billed.
Substitutions welcome anytime via email. A full refund will be given to all cancellations received 10 or more business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. All cancellation and substitution requests must be emailed to sheena.thomas@sdaho.org.

Overview:

Health care team members have often referred to the family caregiver as “the second patient.” This course reviews the significant burden of stress facing the caregiver and its correlation to the resident receiving care by the health care team. Strategies will be shared for the health care team member to support the caregiver, to include a range from verbal feedback to recommendations for managing the stress so that they can better care for their own physical, mental and emotional health.

Learning Objectives:

At the conclusion of this session, participants will be able to:

- Cite the physical effects which may often result from the stress of caregiving.
- Identify signs and symptoms of the unmanaged stress points.
- Recognize potential events that trigger increased disturbances.
- List strategies to support caregivers, for improved care for themselves as well as for their family member.

Faculty:

Lisa Milliken, MA, CCC-SLP, FNAP, Education Specialist, Select Rehabilitation, Atascocita, TX

Over the last 30 years, Lisa Young Milliken has served adults and geriatrics as a clinician, manager, vice president, consultant, compliance manager and education director and is most passionate about mentoring health care professionals in the post-acute facilities across the country. She currently provides continuing education support to therapists in more than 950 sites nationwide as education specialist for Select Rehabilitation. She has authored and lectured at the state and national level with more than 100 professional continuing education courses on a wide range of topics of importance to the health care professional who works with the older population. Lisa is a member of the American Speech-Language and Hearing Association, where she currently serves as a State Advocate for Medicare Policy (StAMP) to Texas, and she serves on the TSHA Executive Council as Chair of the Business Management Committee. She has also recently been elected to the Distinguished Fellowship of the National Academies of Practice in Speech-Language Pathology. Through her leadership positions on the Louisiana and Texas Association boards, executive council and other organizations, she has purposed to advocate services of these associations’ members as well as for the clients and families served by the members.

Our speaker does not have any real or perceived conflicts of interest related to this presentation.

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Registration information and fees:

Fees are per connection at a facility and include electronic handout and one connection line to the live webinar. Connection instructions and handout materials will be emailed to the contact person listed on the registration 1-2 days prior to the program.

Continuing Education Credits:

Nursing Home Administrators: SDAHO is the South Dakota affiliate of LeadingAge, an approved provider of continuing education in nursing home administration by the South Dakota Board of Nursing Facility Administrators. There are 1.2 contact hours available to nursing home administrators for participation in this education.

Social Work: SDAHO is approved as a provider for continuing education by the South Dakota Board of Social Work Examiners., 135 East Illinois, Suite 214, Spearfish, SD 57783, SDBSWE Approval Period: January 1, 2018—December 31, 2020, Provider #1012. Social workers will receive up to 1.2 continuing education contact hours.



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