

February 21, 2020 Cadillac Jack's Deadwood, South Dakota

**Target Audience:** Physicians, advance practice providers, Hospital CEOs, long-term care administrators, accountable care organization (ACO) leaders, medical directors, home health, hospice and palliative care providers, payors, and quality leaders.

**Overview:** SDAHO is committed to engaging our partners across the continuum including hospital, long-term care, home care, and hospice agencies to improve the way care is delivered to the patients we serve. Within the care continuum, patients and providers work together to ensure patients are engaged in their care, follow treatment plans and get help before chronic conditions take a turn for the worse. When healthcare teams work together, better long-term health outcomes can be achieved, resulting in higher quality scores, enhanced patient satisfaction and reduced costs.

Participants will learn how to identify the medical risk of a patient, their vulnerability to adverse outcomes and the appropriateness of their goals and expectations, through the evidence-based metric, frailty. Frailty is the best metric for determining risk thus framing a truly person-centered plan of care. As a patient's frailty becomes more severe, it is important for clinicians to deliver palliative care focused on relief of discomfort and optimal quality of life. There will be an overview of palliative care and interventions and impacts across the continuum will be discussed. In closing, participants will engage in an open dialogue with the presenters and their colleagues on the topic of frailty and palliative care.

## **Register Online**

**Eventbrite.com search for SDAHO** 

\$250 per person

#### **Continuing Education**

Accreditation Statement: The Rapid City Hospital is accredited by the Iowa Medical Society to provide continuing medical education for physicians. Credit Designation: The Rapid City Hospital designates this education activity for a maximum of 3.5 AMA PRA Category I Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

SDAHO is the South Dakota affiliate of LeadingAge, an approved provider of continuing education in nursing home administration by the South Dakota Board of Nursing Facility Administrators. There are up to 3.5 contact hours available to nursing home administrators at this event.

#### **Sponsor**



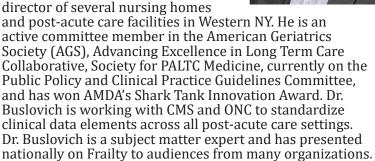
**Event CME provided through Monument Health** 



# **Speakers**

### Dr. Steven Buslovich

Dr. Steven Buslovich is an Assistant Clinical Professor at University at Buffalo School of Medicine. He is also the co-founder of Patient Pattern, a clinical insight software to help manage clinical outcomes, assess frailty risk, and optimize practitioner decision support for PDPM. He is a practicing geriatrician and medical





### Dr. Andrea Baier

Dr. Andrea K Baier, MD, is the Medical Director of the Hospice and Palliative Care programs at Monument Health System and serves as Chief of Staff at the Monument Health hospital in Rapid City. She attended and graduated from Hahnemann University College of Medicine in 1995, having over 25 years of diverse experience in critical care and hospital medicine before



specializing in and focusing on palliative care. Dr. Baier is certified by the American Board of Internal Medicine in Internal Medicine as well as in Hospice and Palliative Medicine. Under Dr. Baier's leadership, Monument Health has built a multifaceted palliative care program that provides inpatient and outpatient consultative services within communities surrounding Rapid City. She serves on the Board of Directors and the Ethics and Utilization Review Committee for Monument Health.

# Agenda

12:00-1:00pm Lunch provided

1:00-2:30pm **Dr. Steven Buslovich** 

Operationalizing Frailty For Risk Stratification Across the Care Continuum and Achieving Person Centered Care

- Describe the concept of frailty as the best predictor of risk in post-acute and long-term care and the measurement of frailty as a framework for person-centered care
- Remember three characteristics of frailty and three common patient outcomes occurring as frailty increases
- Identify three insights central to person-centered care and developing care plans
- Evaluate the outcomes of your current approach to person-centered care to determine if a risk-based modality, communicated and operationalized, is warranted

2:30-3:30pm **Dr. Andrea Baier** 

Using Frailty as an Indicator to Initiate Palliative Care

- Define palliative care
- Describe the evolving model of palliative care and how this can impact person-centered care
- Classify the potential palliative care interventions and impacts on medically frail patients
- Identify how to manage frailty through a holistic assessment and approach

3:30-4:30pm Fireside Chat with Dr. Buslovich and Dr. Baier on Frailty & Palliative Care

4:30pm Conclude

## Save the Date

Post-Acute Partners in Care Conference is April 29-30 in Sioux Falls