

Webinar: Addressing Stress and Anxiety Resulting from the COVID-19 Pandemic

Details

Wednesday, April 1, 2020 10:00 a.m.—11:00 a.m. CST

Register Online

SDAHO Member: Free Non-member: Free

Questions? Michella Sybesma 605-789-7528

*Prior registration is required. Registration deadline is March 31, 2020.

Overview:

Now, more than ever, staff need outlets for their own stress and anxiety in order to prevent those emotions from impacting your residents. Residents who will suffer the stress of not being permitted to visit with friends and family, attend group activities or eat their meals in the dining room will cause a variety of reactions. This session focuses on anticipating and addressing the "cabin fever" that is sure to impact everyone concerned - residents, staff, and their families. There are some very simple things facilities can do now to avoid the mood and behavior challenges that often accompany critical events and can potentially escalate to abuse, neglect and altercations.

Learning Objectives:

- Describe the impact of the COVID-19 Pandemic relative to quarantine and social distancing on resident and staff psychosocial well-being;
- Explain the importance of modifying the daily routine to ensure diversionary activity and behavioral health interventions are developed and implemented;
- Describe the importance of interdisciplinary communication and coordination of care; and
- Develop improved methods for the assessment and person-centered care planning for residents with trauma-related, behavioral health needs.

Faculty:

Barbara Speedling

Ms. Speedling is an inspirational and motivational speaker, Barbara is an author, educator and management consultant at the forefront of person-centered care.

An innovator with more than 30 years of practical experience within the adult care community, she is the expert providers turn to when they want to ensure that the services they provide meet not only the physical needs of their residents, but their emotional and psychological needs as well.

Working from a core believe in the dignity and individuality of all people, Barbara's unique education and training programs have helped countless adult care communities achieve lasting improvements in quality care and quality of life.

The speaker does not have any real or perceived conflicts of interest related to this presentation.



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Registration:

Registration is per connection at a facility. Connection instructions and handout materials will be emailed to the contact person listed on the registration 1-2 days prior to the program.

Continuing Education:

Nursing Home Administrator

SDAHO is the South Dakota affiliate of LeadingAge, an approved provider of continuing education in nursing home administration by the South Dakota Board of Nursing Facility Administrators. There are 1.2 contact hours available per session to nursing home administrators for participation in this education.

Social Work

SDAHO is approved as a provider for continuing education by the South Dakota Board of Social Work Examiners, 135 East Illinois, Suite 214, Spearfish, SD 57783, SDBSWE Approval Period: January 1, 2018 - December 31, 2020, Provider #1012. Social workers will receive up to 1.2 continuing education contact hours or 0.12 CEU's at this education.