

**CELEBRATING
95 YEARS
OF HEALTHCARE
ADVOCACY**

**Post-Acute
Partners in Care
Conference**
April 28-29, 2021

POST-ACUTE PARTNERS IN CARE CONFERENCE

How do you provide exceptional care and leadership in the face of constant change? In today's unpredictable world, we have a choice: to survive and get through it, or to thrive and position ourselves for the next opportunity. At SDAHO's Post-Acute Partners in Care virtual conference, participants will walk away with actionable insight and fresh ideas on leading and caregiving to help you thrive today and beyond.

This virtual event will bring expert presenters across the country to inspire, educate, support, and advocate for post-acute leadership and front-line caregivers. The Post-Acute Care Conference is designed for healthcare professionals from across the healthcare continuum including hospital, nursing home, home health, assisted living and hospice providers.

Registration includes two days of specific leadership and resident care topics, in addition, each facility that registers will receive post-conference access to a 3-part series on in-depth training related to MDS 3.0. Continuing education will be provided to long-term care administrators and social workers.

REGISTRATION

Registration for this conference is by facility. Registration includes access to all sessions, recordings, handouts and the 3-part MDS series for your entire staff. Registration is \$275 per member facility and \$375 per non-member facility. A one day registration is available for \$200, this option *does not* include the MDS training.

To register, go to <https://sdaho.org/post-acute-partners-in-care-conference>

Cancellation policy: Prior registration is required. Registration deadline is April 26, 2021. No-shows will be billed. A full refund will be given to all cancellations received 10 or more business days prior to the program. No refunds will be given to cancellations received five or fewer business days prior to the program. All cancellation and substitution requests must be emailed to michella.sybesma@sdaho.org.

PARTICIPANT PORTAL

This year we will have a conference webpage for registrants to access the session schedule, speaker information, handouts, and recordings. We will email the main registrant from your facility the information for accessing this webpage prior to the event.

CEU INFORMATION

Earn 11.4 hours of CEU's for Nursing Home Administrators and Social Workers through this conference and an additional 14.4 CEUs through the MDS Series.

SDAHO is the South Dakota affiliate of LeadingAge, an approved provider of continuing education in nursing home administration by the South Dakota Board of Nursing Facility Administrators. There are up to 25.8 contact hours available to nursing home administrators at this conference.

SDAHO is approved as a provider for continuing education by the South Dakota Board of Social Work Examiners, 135 East Illinois, Suite 214, Spearfish, SD 57783, Provider #1000. Social Workers will receive up to 25.8 continuing education contact hours or 0.258 CEU's for participating in this education.

SPONSORS



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WEDNESDAY, APRIL 28

LEADERSHIP

9:00 AM OPENING KEYNOTE

LEADERSHIP BY INSPIRATION: IGNITE THE PASSION WITHIN

Lisa Thomson, NHA, CIMT, Pathway Health

Lead. Inspire. Action. Leading in today's health care world requires an energy that focuses on creative engagement and inspiring collaboration within an organization. This engaging presentation will provide participants with key strategies to form building blocks of a cohesive team, appreciating knowledge, skills and abilities of others. This session will cover key concepts for leading in today's healthcare world. Lisa will discuss ways to develop a cohesive team that values each other's strengths and assist to improve professional development.

10:30 - 11:30 AM

What LTC Leaders Need to know from Washington in 2021

Ruth Katz, LeadingAge | This session will discuss the most pressing issues LeadingAge members are facing today. We will examine how the pandemic has altered the policy making environment and review what's going on both on Capitol Hill and in the executive branch - White House, Department of Health and Human Services, and others. This session will also cover the changing public policy environment near term outlook for health care and long-term services and supports, including home health, affordable housing, adult day, and hospice. Ruth will help you understand the longer range vision of changes in the aging services terrain - the way it is structured, financed, and how services are delivered. You will also learn what LeadingAge is doing to advance policy priorities and why your organization should be involved in advocacy efforts.

1:30 - 2:30 PM

Medical Director Relations

Dr. Gregory Johnson, Chief Medical Officer, Good Samaritan Society | Fully availing yourself of the physician medical director in post-acute care services can lead to remarkable outcomes for patients and families and for the facility/agency itself. It takes more than simply securing a medical director to fully benefit from the relationship.

2:45 - 3:45 PM

IPAs: The Secret Weapon in Your Arsenal for PDPM

Melissa Brown, Chief Operating Officer, Gravity Healthcare Consulting | Interim Payment Assessments, or IPAs, are a critical piece of achieving accurate reimbursement under the Patient Driven Payment Model (PDPM). Providers need to load their PDPM arsenal by understanding how IPAs are correctly used and the risk associated with missing appropriate IPAs. All providers have the potential for denials and repayment based upon correctly setting or not setting IPAs per the regulations and additional CMS guidance. Participants will gain additional understanding that has come from recent PDPM practice and clinical strategies. This session will also include the reimagined Stand Up Meeting process to guide your team to hone their skills at identifying and scheduling IPAs.

4:00 - 5:00 PM

Leadership Coaching

Margaret Sumption, Sumption & Wyland | This session will help you have a strong command of your own emotional intelligence. It will arm you with coaching tools to bring out the best in yourself and others. We will frame the five composites of emotional intelligence and how these scales set the stage for coaching success in others. Be ready to learn how you can step in to each and every encounter with tact, competence, and confidence.

THURSDAY, APRIL 29

RESIDENT CARE

9:00 AM OPENING KEYNOTE

CAREGIVER: A LOVE STORY

Dr. Jessica Zitter

"There are only four kinds of people in the world. Those who have been caregivers, those who are currently caregivers, those who will be caregivers, and those who will need caregivers." — Rosalynn Carter, Former First Lady of the United States and founder of the Rosalynn Carter Institute for Caregiving

Dr. Jessica Zitter will take you on a journey of one woman's decision to take control of the end of her life and she will explore how this created complex, unexpected challenges for her caregiver husband. This unprecedented look at a person's final weeks sheds light on the growing crisis of family caregivers in our country. CAREGIVER: A LOVE STORY challenges viewers to acknowledge the difficult challenges facing family caregivers and to envision a new approach. This presentation will include a film screening of Caregiver: A Love Story, followed by Dr. Zitter's keynote about the rising public health crisis of family caregiver burden.

11:00 AM - 12:00 PM

Resident Rights: Safety vs. Autonomy

Amy Siple, APRN, FNP, GS-C, AmySipleNP | The COVID 19 pandemic took our nation by surprise. The goal quickly became the protection of older adults and those with co-morbidities. There was a tension between safety and autonomy in long term care facilities prior to this pandemic. This tension has escalated as COVID 19 mitigation has impacted standards like "Resident Rights." This presentation will explore the balancing of physical and mental health of our residents with their safety.

2:30 - 3:30 PM

Mental Health & Unresolved Grief

Dee Le Beau-Hein, Consultant/Trainer, Swiftbird Consulting, LLC | This Training will address the importance for healthcare providers to acknowledge and process grief and explore the impact unresolved grief can have on a person's wellbeing. Participants will be able to identify early signs of unresolved grief, trauma associated with unresolved grief, the effects on mental wellness and learn how to overcome stigma associated with mental health.

3:45 - 4:45 PM

Post-COVID, What LTC Leaders need to Know in 2021

Janine Finck-Boyle, VP Regulatory Affairs, LeadingAge | This session will focus on the year ahead for nursing homes as a crossroads in regulation and legislation. COVID-19 has forced the nursing home environment to make changes and comply with new CMS regulations. We will learn what needs to be done and what is on the horizon. Janine will review current context, legislation and executive branch activity affecting federal programs for nursing homes.

MDS 3-PART SERIES MAY 6, 7, & 11, 11 AM - 3 PM CST

NAVIGATING THE MDS

Demi Haffenreffer, RN, MB, CEO/President, Demi Haffenreffer, LLC.

MDS 3.0 is a critical nursing facility assessment tool that can directly impact resident quality of care, survey outcomes, your publicly posted quality measures and your reimbursement. Make sure you and your staff know how to complete the MDS 3.0 accurately the first time! This 3 series webinar course presents the provider's perspective on this key assessment tool.

May 6 11am-3pm CST

This session will focus on the following:

- Chapter 2
- Using RAI Manual
- MDS/PDPM Schedule - Using a review of Section A of the MDS
- Changes of Condition
- Chapter 3 - Item by Item Guide to MDS Completion
- The BIMS, PHQ9 and Preference Interviews
- Sections B, C, D, E, F and G

May 7 11am-3pm CST

This session will focus on the following:

- Chapter 3 - Item by item Guide to MDS Completion
- Sections GG, H, I, J, K, L, M and N

May 11 11am-3pm CST

This session will focus on the following:

- Chapter 3 - Item by Item Guide to MDS Completion
- Sections O,P, and Q
- The CAA's and Person-Centered Care Planning

SPEAKERS

LISA THOMSON, PATHWAY HEALTH (KEYNOTE)

Lisa provides insight to Pathway Health while working closely with industry leaders, providers and professional associations identifying health care initiatives, regulatory changes and challenges affecting the post-acute care market. In this capacity, she is part of the senior leadership team and has primary responsibility for strategic positioning and marketing, communications, and new product develop to assist providers with thought leadership and operational solutions for success. Lisa continues to provide education to providers and professional associations across the nation focusing on complex health care initiatives and leadership strategies for implementation. Since joining Pathway Health in 2001, she has been instrumental in numerous operational and regulatory projects. Lisa's expertise and experience spans over 25 years' in the post-acute and long-term care settings. Throughout her career, Lisa Thomson has been committed to supporting post-acute care operators by providing leadership, direction and targeted operational strategies to enhance performance outcomes.



JESSICA ZITTER (KEYNOTE)

Dr. Jessica Nutik Zitter, MD, MPH - Producer/Executive Producer/Director- A national advocate for transforming the way people die in America, Jessica is Harvard and UCSF-trained to practice the unusual combination of Critical and Palliative Care medicine. She works as an Attending Physician at a public hospital in Oakland, California. Dr. Zitter's work is featured in the Oscar and Emmy nominated Netflix documentary, Extremis. She is the author of Extreme Measures: Finding a Better Path to the End of Life. She is a regular contributor to The New York Times and her articles have appeared in The Atlantic, Time Magazine, Journal of the American Medical Association, The Washington Post and many other publications. Her film, Caregiver: A Love Story won Best Documentary Short at the San Francisco Jewish Film Festival.



DEMI HAFFENREFFER (MDS SERIES)

Demi Haffenreffer, RN, MBA has been working in nursing homes since 1973. She owns a consulting firm in Portland, Oregon, Haffenreffer and Associates, Inc., that assists Nursing Homes, Assisted Living facilities, and Hospitals, with regulatory compliance and implementing programs to improve care. Her depth of knowledge, breadth of experience and her communication skills have made her a sought after resource and advocate for facilities facing regulatory disputes, as well as for expert review and testimony for attorneys facing litigation in the Pacific Northwest and nationwide. She loves to talk and to teach! Demi has taught workshops nationally and internationally and has authored five policy and procedure manuals. In 2011, Demi assisted the Colorado Foundation for Medical Care with a CMS grant to publish the Model Program for Quality Performance called "QAPI." Always in pursuit of learning, in 2020, Demi obtained a certification as an Infection Preventionist. When Demi is not in a nursing home, she is doing yoga, cooking gourmet dinners for family and friends, or working in her Northwest Portland garden.



Melissa Brown

Melissa (Sabo) Brown is the Chief Operating Officer with Gravity Healthcare Consulting. An Occupational Therapist with over 15 years of experience across the health care spectrum, Melissa specializes in skilled nursing and long-term care settings. A self-described "PDPM Nerd" Melissa has studied over 3,500 pages of regulations and guidance from CMS to supply providers with key strategies and analysis for success under the new payment model, while always striving for excellence in care. She has served as a clinical liaison and compliance officer for several rehabilitation services companies and understands well the challenges that skilled residents and their caregivers face every day. She specializes in strategizing through regulatory changes and burdens to help communities provide outstanding clinical care while achieving operational success.

Janine Finck-Boyle

Janine Finck-Boyle, MBA/HCA, LNHA, is a licensed nursing home administrator (LNHA) for over 20 years and currently, is the Vice President of Regulatory Affairs for LeadingAge. She oversees the LeadingAge public policy team that specializes in the regulations and operations for all members. She also coordinates partnerships with state associations and seeks input from members on regulatory issues impacting members and their ability to provide high quality services and supports. Before joining LeadingAge, Janine was the Administrator/ED of The Washington Home and Community Hospices, the CEO/Administrator of Hadley Memorial Hospital and SNF and worked extensively in clinical information technology. She has in-depth knowledge of operating health care organizations providing long term care, skilled care as well as hospice and long-term acute care services. Ms. Finck-Boyle, speaks nationally on federal policy, nursing home regulations, and person-centered care.

Dr. Gregory Johnson

Gregory Johnson, Chief Medical Officer for the Good Samaritan, oversees the clinical quality of all Society service lines and locations. Born in central Illinois, Dr. Johnson completed his undergraduate education at the University of Illinois - Champaign-Urbana in physiology and French. He went on to complete medical school through the University of Illinois-Chicago and pursued his residency in family medicine at Sioux Falls Family Medicine Residency through the University of South Dakota. During his residency, he developed a passion for geriatrics and long-term care that led him to complete a fellowship in geriatrics at the University of Illinois-Chicago. He started a geriatrics program at a health system in central Illinois where his group of 15 providers delivered care at over 25 senior living sites. Dr. Johnson has served in multiple roles related to quality, value-based care, population health and accountable care over the course of his career. Having begun with the Society as the medical director for Great Plains Medicare Advantage in 2019, he assumed his current role in March 2020. He and his wife, Kristin, have five children. They live in Sioux Falls with their two youngest daughters.

Margaret Sumption

Margaret J. Sumption, MSED, LPC, SPHR, SHRM-SCP, has over thirty-five years of experience as a teacher and counselor, nonprofit administrator, development officer, and volunteer board member serving a wide variety of organizations. She is a popular, dynamic, and effective speaker for nonprofit professionals, associations, and policy makers.

Ruth Katz

Ruth Katz is Senior Vice President for Public Policy at LeadingAge, where she is responsible for leading strategy on public policy and advocacy to advance the nonprofit's public policy agenda. She works with LeadingAge leadership, state affiliates and members to solve policy challenges and find solutions that free providers to deliver high quality services to older people. The policy office works on affordable housing, health care quality, managed and integrated care, survey and certification issues, elder justices and other important concerns. Prior to joining LeadingAge, Ruth was a longtime senior executive at the U.S. Department of Health and Human Services (HHS) in the Office of the Assistant Secretary for Planning and Evaluation (ASPE). As Associate Deputy Assistant Secretary, she led a group that focused on the development and execution of policy research and analysis for programs in aging, long term care and disability. The Advisory Group for the National Alzheimer's Project Act is led within this group. Over many years, Ruth's group initiated and led programs, surveys, and initiatives, including serving as the initial lead on CLASS implementation (and the lead on its conclusion), the Cash and Counseling Demonstration (the first consumer directed long-term care program), the only nationally representative survey of CNAs, the caregiver supplement to the National Health and Aging Trends Survey, and the development of a model for estimating participation in and costs of long-term care reform proposals.

Amy Siple

Amy Siple is a national speaker on health care issues that impact older adults and the empowerment of health care givers. She maintains an active practice as geriatric nurse practitioner and is certified as a specialist in geriatrics and dementia care. Amy was an Associate Professor of Nursing for over 15 years, is the President of the Kansas Advanced Practice Nurses Association and serves on the board for Adult Care Home Executives for the state of Kansas. She was appointed to serve on the first Alzheimer's disease task force for her state in 2018 and is recognized as a leader and advocate for care of older adults.

Dee Le Beau-Hein

Dee Le Beau-Hein is an enrolled member of the Cheyenne River Sioux Tribe. She has a Master of Science degree in Administrative Studies with a Minor in Human Resource Management from the University of South Dakota. Dee has extensive work experience in Substance Use Disorder, Mental Health, administration, education, and training covering a wide range of topics. Dee now manages her own consulting firm, Swiftbird Consulting, LLC. She has established and maintains strong working relationships with Federal, State and Tribal agencies by providing training, education and consultation as needed.