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GOOD & HEALTHY SOUTH DAKOTA COMMUNITIES



# LAY LEADER TRAINING

**DATE:** AUGUST 19TH - SEPT. 30TH

**DAYS:** MONDAY & THURSDAYS

**TIME:** 1:30-4:00 PM MT/ 2:30-5:00PM CT

**LOCATION:** ZOOM

**REQUIREMENT:** RELIABLE INTERNET & COMPUTER WITH AUDIO & VISUAL CAPABILITY

## Here's what's involved in the training:

Full attendance at the 7-week virtual training  
(2 weekly sessions/ 2.5 hours each)

- Receive a scripted manual
- Schedule a workshop to facilitate within 6 months of training
- To remain an active leader, co-facilitate a minimum of 1 workshop per year
- *Cross-training opportunities for active BCBH-SD leaders available in additional curriculums: Chronic Pain, Diabetes, Cancer, & Worksite!*



For more information:

Website: [www.betterchoicesbetterhealthsd.org](http://www.betterchoicesbetterhealthsd.org)

Email: [betterchoices.betterhealth@sdstate.edu](mailto:betterchoices.betterhealth@sdstate.edu)

Phone: 1.888.484.3800



# LAY LEADER APPLICATION INFORMATION

## Application Details:

After your application is received, you will be contacted to set up a Zoom interview. During the interview, BCBH-SD will review leader expectations and training details and provide the opportunity to address any questions. After the interview, to complete registration, you will be sent required paperwork and online payment information (*sponsored volunteer leaders only*).

If you are applying as...

- A **Volunteer Leader**, not sponsored by an employer or organization, we ask that you complete the SDSU Volunteer Work Agreement\* and agree to a background check\* by SDSU Extension
  - **Registration = FREE**
- **Sponsored Volunteer Leader** by your employer/organization to attend the training and become a certified Chronic Disease Self-Management Education Lay Leader for BCBH-SD, your sponsoring employer/organization will need to sign the BCBH-SD Memorandum of Agreement\* (MOA).
  - **Registration = \$250**

*\*agreements will be sent to you after you have been interviewed and selected*

Please note that all Lay Leaders will be asked to sign an agreement in which they will:

- co-lead one or two six-week workshops each year
- agree to a minimum two-year commitment of being a Lay Leader
- join the BCBH-SD Network (attend Lay Leader meeting, annual conference, update trainings, etc.)
- respect confidentiality of participants
- maintain integrity and fidelity of the BCBH-SD program

