Wednesday, April 12

11:00am
Registration Opens

12:00 - 1:00pm
Lunch & Opening Keynote: Don’t Be a Half-Way Leader

Breakout Sessions: 1:10 - 2:00pm
101: R+A+A: The Secret Formula to Communication and Delegation
102: Alzheimer Research & Treatment
103: Evolving Care Spaces – Meeting Patients at Home Hospital
104: Overview of Assisted Living Licensing and Additional Services

Breakout Sessions: 2:10 - 3:00pm
201: Dealing with Negativity
202: Opioid Stewardship & Naloxone in Post-Acute Care Settings
203: South Dakota’s Nursing Workforce
204: Drama Free Surveys

Breakout Sessions: 3:10 - 4:00pm
301: More Than Bricks and Mortar: Elder-Directed Nursing Home Models
302: Personal Safety
303: Compassion Awareness: Reimagining Empathy (C*A*R*E) (Part 1)
304: Social Work Led Advance Care Planning in ALF/SNF/LTC

Breakout Sessions: 4:10 - 5:00pm
401: A Team Approach to Palliative Medicine
402: Surveyor Guidance Across the Continuum
403: The Compassion Awareness Experience: Reimagining Empathy (C*A*R*E) (Part 2)

5:00 - 6:30pm
Social and Vendor Show

Thursday, April 13

Breakout Sessions: 8:00 - 8:50am
501: How to Promote Growth Towards Wisdom
502: A Post-Pandemic Vision for the Future
503: Processing Recent Home Health Reforms

Breakout Sessions: 9:00 - 9:50am
601: Contractual, Business and Cultural Issues around Traveling Staff
602: The Infection Connection, Opportunities to Enhance Infection Control Education
603: Community Approach to Challenging Behavior Placement
604: Working in Healthcare: The Natural Impact of the Work on Ourselves, Teams & Institutions

Breakout Sessions: 10:00 - 10:50am
701: Growing our Own: Healthcare Workforce Strategies to Attract the Next Generation
702: The Berafian Model: A Grief Processing Process
703: How Can Home Care Curb Staffing and Census Challenges?
704: Healthcare Provider Debriefings: A Long-Term Strategy for Sustainability

11:00am - 12:00pm
Closing Keynote: Living a Life of Influence

CE's available

There are up to 9.4 contact hours available to nursing home administrators and social workers at this conference.
Donna Wright

Creative Healthcare Management

Ms. Wright is a nurse and professional development specialist with Creative Healthcare Management in Minneapolis, MN. Donna has degrees in Nursing, Family Sociology, and Adult Education. Donna has worked with many healthcare organizations to help them create meaningful, effective programs that support professional development and competency assessment for all departments. She is the author of the book, The Ultimate Guide to Competency Assessment in Healthcare. She is also one of the co-authors of two national award-winning books, Relationship-Based Care: A Model for Transforming Practice and Advancing Relationship-Based Cultures.

Dan Meers

Mascot, Motivational Speaker, Author

Dan Meers has been KC Wolf, the mascot of the Kansas City Chiefs, for more than 25 years. In 2006 he was selected as the first NFL mascot inducted into the Mascot Hall of Fame. Dan travels throughout the United States and the world entertaining thousands of people both in and out of costume. He is in high demand not only as a mascot but also as a humorous and motivational speaker to audiences of all ages. His enthusiasm, optimism and love for life are contagious and make Dan an inspiration to all those he meets. Be it young or old, executive or blue collar, his audiences walk away with a smile and a renewed spirit to live life to the fullest.
**Registration**
To register click the button to the right or visit [sdaho.org](http://sdaho.org). If you need assistance with registration, please contact the SDAHO office at 605-361-2281 or email [info@sdaho.org](mailto:info@sdaho.org).

Registration is per person and includes education sessions, vendor social, lunches and snacks, continuing education hours for long-term care administrators and social workers.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Member</strong></td>
<td><strong>$200</strong></td>
</tr>
<tr>
<td><strong>Non-Member</strong></td>
<td><strong>$300</strong></td>
</tr>
</tbody>
</table>

**Venue**
Sioux Falls Convention Center  
1201 N. West Ave  
Sioux Falls, SD 57104

**Lodging**
A block of rooms are reserved at the Sheraton Sioux Falls under Post Acute Care Conference. The Deadline for reservations under this block is March 17, 2023. [Click here](http://www.sheraton.com) for the reservation link.

Sheraton Sioux Falls  
1211 N. West Ave  
Sioux Falls, SD 57104  
605-331-0100

**Cancellation/Refund policy**
Policies regarding refunding of registration fees for the SDAHO Post-Acute Partners in Care Conference are  
1) Full Refund: if cancellation is received 2 weeks (March 30 or earlier) prior to Conference; 2) NO REFUND if cancellation is received less than 2 week prior (March 31 or later) to the Conference; 3) NO REFUND for “No-Shows.” Exceptions to this policy may be made in unusual circumstances at the discretion of the SDAHO President.

**Continuing Education**
SDAHO is the South Dakota Affiliate of LeadingAge, an approved provider of continuing education in nursing home administration by the South Dakota Board of Nursing Facility Administrators. There are up to 9.4 contact hours available to nursing home administrators at this conference.

SDAHO is approved as a provider for continuing education by the South Dakota Board of Social Work Examiners, 135 East Illinois, Suite 214, Spearfish, SD 57783, Provider #1000. Social workers will receive up to 9.4 continuing education contact hours at this education.
Wednesday, April 12
11:00am
Registration Opens

12:00 - 1:00pm
Lunch & Opening Keynote

Don’t Be a Half-Way Leader | Donna Wright, MS, RN, NPD-BC, Creative Healthcare Management | Join us for a humorous look at the realities of healthcare. In this session, we will unravel the secrets to Articulating Expectations and what we often do to make this fail. The path to better, clear leadership can be easy if you are aware of a few simple rules. CE: NHA, SW (Audience: General)

1:10 - 2:00pm
Breakout Sessions:

101: R+A+A: The Secret Formula to Communication and Delegation | Donna Wright, MS, RN, NPD-BC, Creative Healthcare Management | Communication and delegation are not easy. But they are essential for our daily work and outcomes. This session will help you understand a wonderful formula that will help make communication and delegation clear and successful. You will not believe how much better life will be with this information. Join us for the fun. CE: NHA, SW (General)

102: Alzheimer Research & Treatment | Lisa Groon, Alzheimer Association | At any given moment, research is happening. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions. We’ll discuss the landscape of Alzheimer’s and Dementia Science, risk factors for Alzheimer’s and all other dementia, highlights in early detection and diagnosis, and the latest advances in clinical trials, treatments, and lifestyle interventions. CE: NHA, SW (General)

103: Evolving Care Spaces – Meeting Patients at Home Hospital | Rhonda Wiering, Avera@Home | Pioneers of the acute care hospital @ home program will share lessons learned through their implementation of this program. Participants will discover the step-by-step strategies for setting up hospitals at home, including developing effective workflow strategies, and the role technology plays in the success of the program. Learn tactics to increase buy-in for clinical teams and patients and discover quality and financial outcomes as a result of this program. CE: NHA, SW (General)

104: Overview of Assisted Living Licensing and Additional Services | Jennifer Maeschen, RN Public Health Advisor, SD DOH | This collaborative session will be presented by the SD DOH Office of Licensure and Certification nurse advisor for assisted living centers. Licensing and additional services provided in assisted living centers will be reviewed and discussed. The speaker will offer an opportunity for questions specific to the assisted living setting. CE: NHA, SW (AL)

2:10 - 3:00pm
Breakout Sessions:

201: Dealing with Negativity | Donna Wright, MS, RN, NPD-BC, Creative Healthcare Management | This workshop will take you through a humorous look at the crazy things we do every day and how we drive each other nuts sometimes. We will identify how negativity can affect our daily work. We will examine how we can put the team spirit back into our work and reignite the passion we have for the work we do. Join us for this practical approach to dealing with the real world of healthcare. CE: NHA, SW (General)

202: Opioid Stewardship & Naloxone in Post-Acute Care Settings | Anna Meyer, PharmD, Clinical Pharmacy Supervisor, Avera Long-Term Care Pharmacy | The opioid crisis is impacting communities and families across the country daily but what about the post-acute sector in South Dakota? By attending this session, participants will learn about the current opioid crisis and discover recommended steps for opioid stewardship within post-acute care settings. During this presentation, patients that may be at risk for overdose will be identified and the proper administration for Naloxone will also be discussed. CE: NHA, SW (General)

203: South Dakota’s Nursing Workforce | Lindsay Olson, MSN, RN, CNP, FNP-BC, Nursing Practice Consultant/Center for Nursing Workforce Director, South Dakota Board of Nursing | The South Dakota Center for Nursing Workforce is committed to addressing issues regarding supply, demand, and need, including issues of recruitment, educational preparation, and utilization of nurses. The Center partners with stakeholders to promote strategies to address the nursing workforce and strives to ensure access to the most recent nursing data from across the state to provide a clear picture of South Dakota’s nursing workforce. During this session, representation from South Dakota’s Center for Nursing Workforce will discuss South Dakota’s current state of nursing workforce by identifying current trends in nursing workforce supply including characteristics of LPN, RN, and APRN populations. CE: NHA (General)

204: Drama Free Surveys | Patrick Campbell, RN, BSN, Survey Training Coordinator, CertiSurv, LLC | Managing the survey process from entry to IJ to exit. Make your surveys efficient and as drama free as possible. Even good surveys are stressful. There are things that a facility can do to manage the survey flow and make them as efficient as possible. Whether you have a deficiency free survey or a survey with immediate jeopardy, there are things your team can do for a drama free survey! We will also discuss immediate jeopardy and how to streamline the removal and resolution of the immediacy to limit your liability. Participants will be able to share survey experiences and ask questions about the survey process. CE: NHA, SW (NH, AL)
importance of obeying intuition.

As a process, improving awareness of surroundings, providing (C*A*R*E) (Part 1)

303: Compassion Awareness: Reimagining Empathy

CE: SW (General)

302: Personal Safety | Kyle Johnson, Community Resource Officer, Sioux Falls Police Department | Enhancing the personal safety and security of your employees and your patients is critical. This training provides your employees with practical strategies necessary to enhance their personal safety at the facility and while working in the field. This training provides your employees with the foundation of a Safety Mindset which is built on gaining knowledge of crime as a process, improving awareness of surroundings, providing effective crime avoidance strategies, and reinforcing the importance of obeying intuition. CE: NHA, SW (General)

303: Compassion Awareness: Reimagining Empathy (C*A*R*E) (Part 1) | Dr. Carole South-Winter, University of South Dakota | Demands facing healthcare providers in the past few years leading up to the additional burden resulting from the pandemic include heavy caseloads, limited control over work environment, long hours, as well as organizational structures and systems in transition. Conditions have been directly linked to increased stress and symptoms of burnout, which have adverse consequences for clinicians including lack of empathy affecting the quality of patient care. Lack of empathy is a symptom or red flag to burnout. Burnout is akin to healthcare workers as PTSD is to soldiers. This session will provide participants with a deeper appreciation of the patient’s experience to allow a response to situations with understanding, empathy, and compassion. CE: NHA, SW (General)

401: A Team Approach to Palliative Medicine | Avera Medical Group Palliative Medicine/Avera McKennan | Palliative care refers to a form of medical care for people with serious illnesses. Provided by a team of doctors, nurses, social workers and others, palliative care focuses on relief from the symptoms (and stress) of serious illness. Improving the quality of life for both the patient and his or her family is the overall goal of palliative care. This session will bring together an interdisciplinary team of providers as they discuss their approach to palliative medicine. This presentation will include the role of each discipline for both inpatient and outpatient palliative medicine. Participants that attend this session will learn from case studies and the roles of specific disciplines will be shared throughout the case presentation. Ultimately, learn how palliative medicine delivered in a team approach can be used in all settings to improve the quality of life of patients and their families. CE: NHA, SW (General)

402: Surveyor Guidance Across the Continuum | Diana Weiland, RN; Susan Bakker, RN, RAC- Jen Maeschen & Debra Carlson, South Dakota Department of Health Office of Health Facilities Licensure and Certification | Join advisors from South Dakota’s Department of Health Office of Health Facilities Licensure and Certification as they share insight and recommendations on recent nursing home, assisted living, home health and hospice health and safety surveys. Diana Weiland, Susan Bakker, Debra Carlson, and Jen Maeschen will provide top deficiencies cited, top complaints against providers, recent regulatory guidance and share tips and best practices on how to avoid some of the top cited areas and improve care and safety to those served. Participants will have the opportunity to ask questions to panelists. CE: NHA, SW (General)

403: The Compassion Awareness Experience: Reimagining Empathy (C*A*R*E) (Part 2) | Dr. Carole South-Winter, University of South Dakota | The compassion awareness experience provides participants a deeper appreciation of the patient’s experience by allowing a response to situations with understanding, empathy, and compassion. These encounters are conveyed through emotional tones of warmth, acceptance, and positive regard. This experience will include different stations that raise awareness of challenges faced by our aging population. Participants will choose a bio of a person and the challenges often experienced while aging, including daily tasks with simulated impairments. CE: NHA, SW (General)

5:00 - 6:30pm

Social and Vendor Show
Thursday, April 13

8:00 - 8:50am

Breakout Sessions:

501: How to Promote Growth Towards Wisdom | Leacey Brown, MS, Extension Gerontology Field Specialist, School of Education, Counseling & Human Development SDSU Extension | In health care settings, our efforts tend to focus on the day-to-day tasks of managing chronic conditions or recovering from health events. Patients may come to feel they are nothing more than a diagnosis to be managed. In this presentation, you will learn about an empirically based theory of positive mental and emotional development in older age developed by Dr. Lars Tornstam called gerotranscendence. By the end of this presentation, you will be able to differentiate gerotranscendence from other theories of aging, identify signs of gerotranscendence, and describe strategies to promote development towards gerotranscendence in the patients you serve. CE: NHA, SW (General)

502: A Post-Pandemic Vision for the Future | Aaron Schroeder, Director, Investment Banking/Senior Living, Ziegler | There is much talk about a “new normal” in our senior living and care sector. However, many of the dramatic shifts that have unfolded the past two years were trends that were already underway in many respects. The COVID-19 pandemic thrust us forward about five years in a matter of months and disrupted the sector at a much faster pace than anyone was prepared for. The purpose of this session will be to paint a picture of what our senior living and care sector will look like as it emerges from the pandemic. During this session, presenters will address topics such as technology adoption and innovation, growth and competition from the private sector, the role of care in the home, workforce pressures and the dynamic healthcare environment to name a few. CE: NHA, SW (General)

503: Processing Recent Home Health Reforms | Arnie Cisneros, President, Home Health Strategic Management | A steady stream of home health (HH) reforms outlined in the Impact Act have changed the HH Model we have worked under for years. Keeping up with the reforms has been difficult for most agencies, and many have struggled with changing operational and care delivery requirements. As a result, many frontline clinicians don’t understand exactly how PDGM works, the Value-based care changes, and what legacy HH approaches compromise clinical and fiscal outcomes. This progressive presentation addresses areas that directly affect quality care outcomes under the reforms from both a front-line delivery and in-office managerial aspect. Learn how to hardwire for tangible results, driving costs down and fiscal margins up, while you achieve 5 Star Ratings with single digit readmissions. CE: NHA (HH)

9:00 - 9:50am

Breakout Sessions:

601: Contractual, Business and Cultural Issues around Traveling Staff | Jennifer Suich Frank, Attorney, Lynn Jackson Shultz & Lebrun PC | The health care industry was already experiencing a shortage of professionals prior to the pandemic, but COVID-19 exacerbated this issue throughout the country, especially in rural communities. Travel staff were employed to help meet the rising demands. As the demand increased, so did a variety of issues. This session will explore the topics and issues surrounding contracted/travel staff including the pros and cons of having contracted/traveling staff, cultural concerns, pay and compensation and effectively managing the performance and behavior of contracted/traveling staff. Participants will also learn how to effectively set up the contract and relationship for success. Other topics that will be addressed include issues surrounding agency relationships, housing, and recruitment CE: NHA (General)

602: The Infection Connection, Opportunities to Enhance Infection Control Education | Jess Danko & Cheri Fast, SDFMC | Infection risks are an everyday threat in healthcare facilities. Do you know what to look for, what to do with those findings, how to correct them? In this session we will discuss what an Infection Control Risk Assessment is and what you need to perform one. Traveling and performing risk assessments throughout the state, we will show you what we see and discuss practical solutions. We share information on obtaining your certification in infection control in the long-term care setting and why it is valuable for your organization. Lastly, we will share opportunities for staff education in infection control. CE: NHA, SW (General)

603: Community Approach to Challenging Behavior Placement | Panel | Important transitions for those with dementia and their families and/or caregivers span the care continuum, including initial diagnosis; advanced, driving cessation, managing behavioral symptoms, changes in care settings, and preparing for end-of-life. Many times, challenges with these transitions can be tempered by a streamlined process and utilization of community resources. We will identify potential community resource partners, considerations for transition planning, and tools for caregiver support. CE: NHA, SW (General)
four major ways in which we grieve. Identifying the occupational hazards of the work including empathic strain, burnout, secondary trauma, and moral distress can help us validate provider experiences as well as tailor strategies to enhance sustainability working in healthcare. The question is not how to we rid ourselves of this impact, but rather, how do we, as individuals, teams, and institutions, mitigate the effects of the work in order to sustain ourselves and the workforce overall. The work will always be hard, there is an obligation to provide ongoing understanding, validation, support in all its forms that will sustain the people doing this work. CE: NHA, SW (General)

10:00 - 10:50am
Breakout Sessions:
701: Growing our Own: Healthcare Workforce Strategies to Attract the Next Generation | Brock Rops, State Advisor, HOSA; Katie Juhnke, Jr.-Sr. High Principal, Freeman School District; Nikki Mehlhaf, Director of Nursing, Freeman Regional Health Services | Grow-your-own programs help to address the shortage of healthcare workers in rural areas. They focus on encouraging individuals to consider choosing healthcare careers, cultivating their interest, and helping them develop skills that they can use professionally in their home communities. This approach recognizes and builds on the idea that health professionals are more likely to consider serving in the community in which they were raised. During this lively discussion, panelists will share how they are connecting students to healthcare careers within South Dakota communities. CE: NHA, SW (General)

702: The Bereafian Model: A Grief Processing Process | Dr. Mark VandeBraak | The grieving process will affect each individual differently, but having a framework for what to expect can be beneficial. Understanding natural human reactions to loss can help you accept the reality of your circumstance or others in your care and process the pain of grief. During this session, Dr. VandeBraak will share a model of grieving that is based on the idea of being robbed, as loss often makes us feel as if something were taken from us. By attending this session, participants will be able to identify four major ways in which we grieve. CE: NHA, SW (General)

703: How Can Home Care Curb Staffing and Census Challenges? | Gabrielle Hoing, CEO, Kore Cares | As healthcare in South Dakota continues to struggle with staffing shortages, the availability of nursing home beds, and census fluctuations, partnerships are being formed to support assisted living, memory care and long-term care centers. During this session, participants will learn from one South Dakota home care provider on how their organization is working with long-term care and senior living facilities by caring for individuals in their homes until a bed is available, assistance with intermittent staffing, providing one-on-one care to memory care residents, and supporting care transitions with rehab stays. This session will also share ideas on how to begin partnering with local home care providers along with a few ideas on staff retention strategies. CE: NHA, SW (General)

704: Healthcare Provider Debriefings: A Long Term Strategy for Sustainability | Vickie Leff, LCSW, APHSW-C, Palliative Care Consultant | We know from decades of research that working in healthcare is stressful for a variety of reasons; witnessing trauma, death, crisis, intense emotional situations, etc. We also know that this distress can and does lead to wanting to leave the healthcare field. Providing deliberate and intentional social support for healthcare professionals is a proven strategy to mitigate the harmful effects of the distress of this work. This workshop will present evidence-based support for the debriefing strategy as well as introducing how to bring a Debriefing Program to your workplace. CE: NHA, SW (General)

11:00am - 12:00pm
Closing Keynote
Living a Life of Influence | Dan Meers | On November 23, 2013, Dan Meers came within inches of losing his life while practicing a bungee jump and zip line stunt at Arrowhead Stadium… home of the Kansas City Chiefs. What Dan anticipated being the thrill of a lifetime ended up being the spill of a lifetime. The stunt went terribly wrong and Dan plummeted 75 feet before crashing into the stadium seats. Miraculously Dan survived. He spent 9 days in the hospital and got some really big scars. Dan smiles when he says, “Scars are just Tattoos that come with a Cool Story”. During this powerful presentation Dan shares his incredible story and the important lessons that he learned during his long road to recovery about leadership and about life. CE: NHA, SW (Audience: General)