


## *Where to find more information*


- Talk to your doctor
- [sdaho.org/hospice-palliative-care](http://sdaho.org/hospice-palliative-care)
- [caringinfo.org](http://caringinfo.org)
- [capc.org/about/palliative-care](http://capc.org/about/palliative-care)
- [capc.org/about/patient-and-family-resources](http://capc.org/about/patient-and-family-resources)
- [getpalliativecare.org](http://getpalliativecare.org)
- [thectac.org/stories](http://thectac.org/stories)



 605-361-2281

 [sdaho.org/lifecircle](http://sdaho.org/lifecircle)

 [info@sdaho.org](mailto:info@sdaho.org)

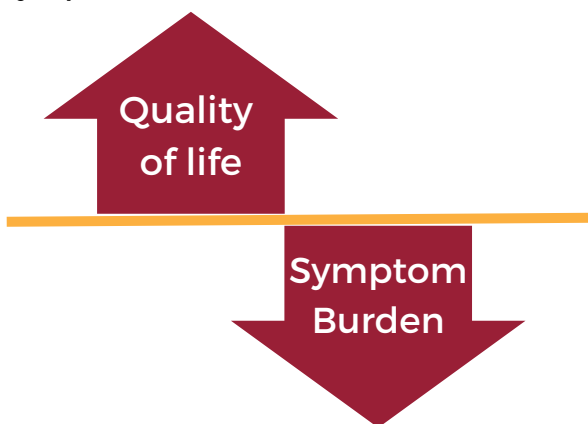
 3708 W Brooks Place  
Sioux Falls, SD 57106

*Living  
better  
with  
serious  
illness*

**PALLIATIVE CARE  
SPECIALIZES IN  
PROVIDING RELIEF  
FROM THE SYMPTOMS  
AND STRESS OF A  
SERIOUS ILLNESS.**

# HOW PALLIATIVE CARE HELPS

Improves quality of life and reduces symptom burden



REDUCES SYMPTOM DISTRESS BY

**66%**

with improvements lasting months after initial consultation\*

\*CAPC

- Expert symptom management.
- Consultation support.
- Skilled communication.
- Clear patient and caregiver education.
- Coordinated care and efficient transitions.

## WHAT TO KNOW

Palliative Care is specialized medical care for people with serious illness. This type of care is focused on providing relief from the symptoms and stress of a serious illness. The goal is to improve quality of life for both the patient and the family.

- Palliative care is provided along with curative treatment.
- Palliative care is appropriate at any age and at any stage in a serious illness.
- Palliative care can help ease pain, stress, or other symptoms due to serious illness.
- Palliative Care is covered by most insurance plans, including Medicare and Medicaid.

*How can you live better?*

[getpalliativecare.org](http://getpalliativecare.org)