

South Dakota Resources for Substance Use Disorders



Avoid Opioid SD is a joint effort between the South Dakota Department of Health and Department of Social Services to address opioid abuse and misuse in the state. The website: www.avoidopioidsd.com has MANY resources including how to find help, treatment options, medication assisted treatment (MAT) for providers, and a multitude of excellent resources and information on how to treat opioid use disorder.

Care Coordination is a FREE, confidential service available for all South Dakotans, patients and medical providers. Call the Resource Hotline at **1-800-920-4343** and ask to speak to a Care Coordinator. They are trained specialists with additional training for opioid use disorder support. They are available to answer all kinds of questions to help get on the path to recovery. They help with housing, transportation, employment, food assistance, treatment options, financial assistance, behavioral health, and provide family support.

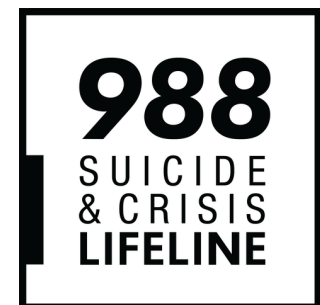


Opioid Care Coordination is **FREE & confidential**

OPIOID TEXTING SUPPORT

When you text **OPIOID** to **898211**, enter your zip code and county. The service is then customized based on your location, your specific needs, and questions. It is beneficial if you are worried about yourself or a loved one but not quite ready to talk about it. It will provide answers and information for anyone looking for additional resources for substance use disorders.

988 is not only a suicide hotline, but they also provide substance use information along with support programs. They provide connection to all levels of treatment options including care coordination and follow-up support.



Resource Hotline **1-800-920-4343** FREE, confidential support—available 24/7

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Face It TOGETHER provides an effective approach to addiction wellness. They provide personalized peer coaching for those impacted by addiction, including loved ones. All Face It TOGETHER coaches have personal experience with addiction, either directly themselves, as a close loved one or both. They have degrees in a range of fields and complete extensive training to become certified coaches.

www.wefaceittogether.org

The Center provides a range of resources and connects individuals to services. To contact the Helpline Center: Call 211

Use the Helpline Center's statewide database to find opioid prevention, treatment, and support services in your area. Search by county or zip code. www.avoidopioidsd.com/find-help/searchable-database



creating a community
where hope lives and
everyone is respected

The Link is a community triage center in Sioux Falls. It is a safe place for people experiencing a non-violent behavioral health crisis or needing care for substance abuse disorder to access immediate treatment and referral to support services. Phone number: 605-275-1000. www.linksf.org

BCBH-SD offers a suite of free evidence-based self-management education and physical activity programs for adults and caregivers living with chronic pain. In a supportive group environment, participants learn skills to safely manage and balance life with ongoing physical and/or mental health conditions. goodandhealthysd.org



Order FREE opioid-related resources from the SD DOH and Social Services:

www.avoidopioidsd.com/take-action/print-materials