



SDAHO

2024

Post-Acute **PARTNERS IN CARE** Conference

APRIL 10-11, 2024
MITCHELL, SD

sdaho.org



SCHEDULE AT-A-GLANCE

Wednesday, April 10

10:00am - 11:30am

Pre-Conference - Emergency Preparedness Tabletop with SD Health Care Coalition

11:00am

Registration Opens

12:00 - 1:00pm

Lunch & Opening Keynote: The Wisdom on Wheels Journey: A Nationwide 5-Year Quest to Capture the Hearts and Minds of the Greatest Generation

Breakout Sessions: 1:10 - 2:00pm

A1: Nursing Home Closures: Insight from the Frontlines
A2: Dementia Capable Care: An Effective Approach to Prevent and Safely Manage (De-Escalate) Distress Behaviors
A3: Shaping the Future of Healthcare: Innovations in Career Development and Workforce Planning (Panel)
A4: How a Small Long-Term Care Facility Achieved a 95% Vaccination Rate for COVID-19

Breakout Sessions: 2:10 - 3:00pm

B1: Stay or Go? What Should You Do with Your SNF?
B2: Silent. Sneaky. Superpowers. Superbugs You Need to Know
B3: From Kenya to Rural Iowa... a Recruitment Success Story
B4: Navigating Healthcare Choices: Understanding Capacity Vs. Competency in Decision-Making

Breakout Sessions: 3:10 - 4:00pm

C1: From Strategy to Reality - Successful Project Designs and Developments
C2: The Impact of MDS Changes on the Quality Measures and Five Star Rating System
C3: The "How" of Workplace Safety for Home Health and Hospice
C4: Unraveling Complex Cases - Strategies for Tackling the Toughest Resident Scenarios

Breakout Sessions: 4:10 - 5:00pm

D1: The Future of Skilled Nursing and Consumer Preferences
D2: A Look Back and Forward at LTC Survey Trends
D3: Robotics in Senior Care
D4: Music and the Heart: Creating Therapeutic Support Through Music and Heartbeats

5:00 - 6:30pm

Social and Vendor Show

Thursday, April 11

Breakout Sessions: 8:00 - 8:50am

A1: Post-Session Insights on South Dakota Healthcare Policies and Long-Term Care Advancements
A2: Navigating the Landscape: Antipsychotics in Elderly Care
A3: Nutrition in Post-Acute Care

Breakout Sessions: 9:00 - 9:50am

B1: This Isn't Your Dad's Technology Session. Or Is It?
B2: Depression in the Elderly & How to Engage
B3: High Conflict: Turning Conflict into Constructive Behavior (Part 1)
B4: Medical Ethics and Patient Autonomy in the Home

Breakout Sessions: 10:00 - 10:50am

C1: Labor and Employment Law and Regulation: 2024 Outlook and Emerging Issues
C2: The Latest in Alzheimer's and Dementia Research
C3: High Conflict: Turning Conflict into Constructive Behavior (Part 2)
C4: Climb the "Tier" to Understanding the Assisted Living Rate Methodology

11:00am - 12:00pm

Closing Keynote: Inspired Leadership

CE's available

There are up to 11.2 contact hours available to nursing home administrators and up to 9.4 contact hours for social workers at this conference.

KEYNOTE SPEAKERS



Jack York

Opening Keynote: The Wisdom on Wheels Journey: A Nationwide 5 Year Quest to Capture the Hearts and Minds of the Greatest Generation

Jack York is a pioneer in the field of technology and aging. He co-founded It's Never 2 Late (iN2L), a company dedicated to helping older adults realize the full benefits of engagement technology. In 2022, he launched TaleGate, a company that integrates on site celebrations at senior living communities with the ability to capture life stories. Jack has a passion for changing the paradigm and the stereotypes for aging, especially stereotypes tied to people living with dementia.



Rich Bluni

Closing Keynote: Inspired Leadership

Rich is an international speaker and best-selling author of several books with more than 27 years of experience in nursing, risk management, patient safety, leadership and healthcare coaching. Rich is one of Huron's most sought after national speakers and the best-selling author of several award-winning books. Rich has nearly three decades of front-line healthcare and leadership experience across a broad range of areas, including pediatric intensive care, trauma intensive care, flight nursing, behavioral health and emergency medicine.

DETAILS

Registration

To register click the button to the right or visit sdaho.org. If you need assistance with registration, please contact the SDAHO office at 605-361-2281 or email info@sdaho.org.



Registration is per person and includes education sessions, vendor social, lunches and snacks, and continuing education hours for nursing home administrators and social workers.

Member	\$200
Non-Member	\$300

Venue

Highland Event Center
2000 Highland Way
Mitchell, SD 57301

Lodging

A block of rooms are reserved at the [Hampton Inn](#) (605-995-1575) and [Comfort Inn & Suites](#) (605-990-2400). **Please call the hotels to reserve your room.** Hampton room block closes March 10 and Comfort Inn closes March 26.

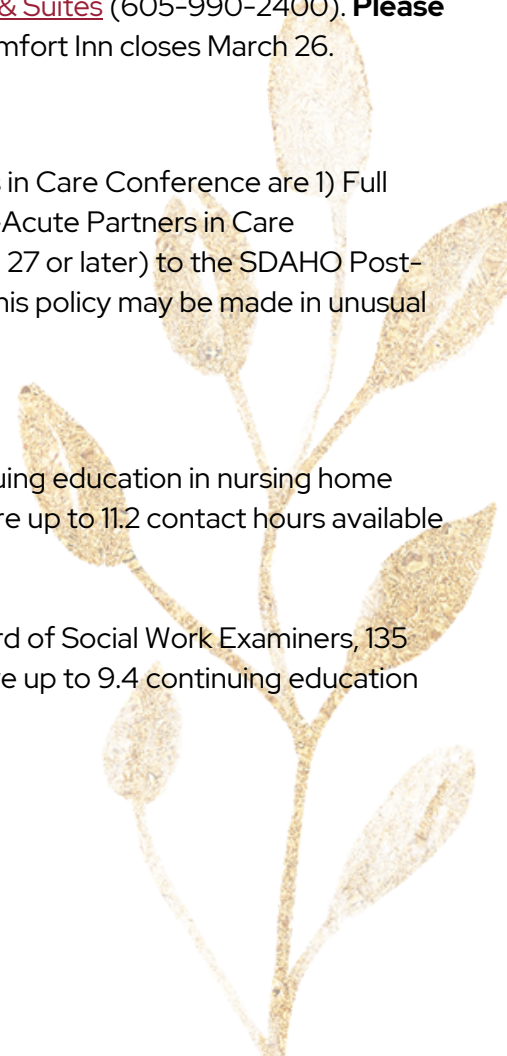
Cancellation/Refund policy

Policies regarding refunding of registration fees for the SDAHO Post-Acute Partners in Care Conference are 1) Full Refund if cancellation is received 2 weeks (March 26 or earlier) prior to SDAHO Post-Acute Partners in Care Conference; 2) NO REFUND if cancellation is received less than 2 weeks prior (March 27 or later) to the SDAHO Post-Acute Partners in Care Conference; 4) NO REFUND for "No-Shows." Exceptions to this policy may be made in unusual circumstances at the discretion of the SDAHO President.

Continuing Education

SDAHO is the South Dakota Affiliate of LeadingAge, an approved provider of continuing education in nursing home administration by the South Dakota Board of Nursing Facility Administrators. There are up to 11.2 contact hours available to nursing home administrators at this conference.

SDAHO is approved as a provider for continuing education by the South Dakota Board of Social Work Examiners, 135 East Illinois, Suite 214, Spearfish, SD 57783, Provider #1000. Social workers will receive up to 9.4 continuing education contact hours at this education.



SCHEDULE

Audience: General, Nursing Home (SNF), Assisted Living (AL), Home Health/Hospice (HH)
CE's: Nursing Home Administrator (NHA), Social Worker (SW)

Wednesday, April 10

10:00-11:30am

Pre-Conference Session

Emergency Preparedness Tabletop with South Dakota Health Care Coalition | Greg Santa Maria | SDAHO in partnership with the South Dakota Healthcare Coalition will host a review of the October 2023 disaster drill and facilitate an interdisciplinary tabletop exercise specifically for post-acute care members. This event will review scenarios related to emergency response in nursing homes, home health and assisted living. It will also include a roundtable discussion on the escalation of medical care during large scale emergencies and communication between hospitals, nursing homes, EMS, and other community partners. *CE: NHA (Audience: General)*

11:00am

Registration Opens

12:00 - 1:00pm

Lunch & Opening Keynote

The Wisdom on Wheels Journey: A Nationwide 5-Year Quest to Capture the Hearts and Minds of the Greatest Generation | Jack York | "The Wisdom on Wheels Journey" is a one-of-a-kind session that encapsulates the essence of adventure, human connection, and storytelling. This session will present the idea and purpose of the journey, and discuss the lessons learned of resiliency, joy, gratitude, and faith among the elders interviewed. By sharing this heartwarming and enlightening journey, we hope to inspire senior living leaders to ensure that capturing the stories of the elders becomes an expectation within their communities. Join us in our mission to preserve the stories that shape our world, one conversation at a time. *CE: NHA, SW (Audience: General)*

1:10 - 2:00pm

Breakout Sessions:

A1: Nursing Home Closures: Insight from the Frontlines | Shandel Anson, RN, BSB, CIC, Bennett County Hospital and Rural Health Clinic | The process of closing a nursing home is challenging and affects everyone involved - the community, staff, and residents. Therefore, it is essential to have strong leadership and support during the process. In this session, Shandel Anson will share her experiences as a lead person in assisting with the day-to-day tasks involved in the closure of Bennett County Nursing Home. She will discuss the decisions that led to the closure, the steps taken to ensure a smooth transition, and the valuable lessons learned during the process. The session will cover crucial aspects such as relocating residents, following state requirements, effective communication with stakeholders, and taking care of the staff. The session will conclude with an opportunity for participants to ask questions. *CE: NHA, SW (SNF)*

A2: Dementia Capable Care: An Effective Approach to Prevent and Safely Manage (De-Escalate) Distress Behavior | Sharon Jackson, The Crisis Prevention Institute | Over 90% of individuals living with dementia will experience distress behaviors putting themselves and others at risk. But it doesn't have to be this way. This session will describe a highly effective, non-pharmacological approach to prevent and de-escalate distress behaviors. *CE: NHA, SW (General)*

A3: Shaping the Future of Healthcare: Innovations in Career Development and Workforce Planning | Panel | Are you interested in exploring additional ways to recruit, retain and grow your existing workforce? If so, join this panel discussion to explore initiatives and strategies driving career path development and workforce planning within South Dakota healthcare systems - Sanford Health, Avera Health, and Monument Health. This session will share approaches these organizations are taking to inspire and cultivate both the current and future healthcare workforce. *CE: NHA, SW (General)*

A4: How a Small Long Term Care Facility Achieved a 95% Vaccination Rate for COVID-19 | Daniel Heinemann, MD; Amanda Petrik, RN, CNS; Elizabeth Ostrom, RN | Good Samaritan Society - Canton has recently gained national attention for its exceptional success in administering the updated coronavirus vaccine to its residents. Daniel Heinemann, MD, the medical director of Canton, and the facility leadership in Canton have been credited for their outstanding efforts in safeguarding residents by being passionate advocates, having transparent conversations, and consistently communicating with both the residents and their families. During this session, Dr. Heinemann and the facility leadership will discuss their approach and the positive outcomes in achieving high vaccination participation. *CE: NHA, SW (SNF)*

2:10 - 3:00pm

Breakout Sessions:

B1: Stay or Go? What Should you Do with Your SNF? | Andy Edeburn | Many nursing homes are still struggling to recover from the impact of COVID-19, leading some organizations to consider if they should continue in this business or change direction. This is a difficult decision to make. In this session, we will examine the current and upcoming macro-trends in the skilled nursing facility industry. We will outline the issues and operational realities that come into play when considering downsizing, rightsizing, or exiting the industry. Moreover, we will discuss the efforts deployed by other organizations in this area and suggest a framework for aging services organizations to evaluate their current state and explore a path forward. *CE: NHA, SW (SNF)*

B2: Silent. Sneaky. Superpowers. Superbugs you need to know | Cheri Fast & Jess Danko, MSHA, RRT, LTC-CIP, South Dakota Foundation for Medical Care | Multidrug-resistant organisms (MDRO) are a serious threat in healthcare. By using our superpowers, we can reduce superbugs from invading our facilities and keep our residents and patients protected. This isn't your average discussion on bacteria transmission and healthcare infections! Get ready to learn about "superbugs" and their silent and sneaky behaviors! During this presentation we will review multidrug resistance organisms including carbapenem-resistant Enterobacteriaceae (CRE) and Carbapenem-resistant acinetobacter baumannii (CRAB), their incidence in South Dakota, transmission, and prevention measures. Not sure when to implement Enhanced Barrier Precautions, we will review best practices, play "This or That", and give you resources to assist you from the sneaky attacks of MDRO's. *CE: NHA, SW (General)*

SCHEDULE

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2:10 - 3:00pm

Breakout Sessions (Cont):

B3: From Kenya to Rural Iowa...a Recruitment Success Story | *Brian Robyn, Village Northwest Unlimited* | Learn how a diverse group of students from Kenya have played a crucial role in addressing the employment needs of a rural healthcare provider. During this session, Brian Robyn will discuss how their facility successfully integrated people from another country into their community, with support from local colleges. He will cover their recruitment and retention strategies, as well as the lessons they learned along the way. From overcoming geographical barriers to embracing cultural differences, this presentation will showcase the power of collaboration in solving workforce challenges. *CE: NHA, SW (General)*

B4: Navigating Healthcare Choices: Understanding Capacity Vs. Competency in Decision-Making | *Dan Rafferty* | In the complex landscape of healthcare decision-making, distinguishing between capacity and competency is crucial. Join us for an insightful session where we explore the nuanced differences between capacity and competency, providing valuable insights for healthcare professionals, caregivers, and individuals involved in the decision-making process. This session aims to empower attendees with a deeper understanding of how to navigate healthcare choices while respecting individual autonomy. *CE: NHA, SW (General)*

3:10 - 4:00pm

Breakout Sessions:

C1: From Strategy to Reality – Successful Project Designs and Developments | *Dana Wollschlager, Plante Moran Living Forward* | Senior Living providers must continue to grow, evolve, and reinvest in their communities to remain competitive. However, project execution has been pressured recently due to construction workforce shortages, increasing material costs, higher interest rates, and other challenges. This session will spotlight how several projects achieved success despite these challenges and offers lessons you can take back to your community to mitigate risk and set your projects on the path to success. *CE: NHA (General)*

C2: The Impact of the MDS Changes on the Quality Measures and Five Star Rating System | *Christine Twombly, RN-BC, RAC-MT, RAC-MTA, HCRM, CHC, Proactive Medical Review and Consulting* | As of October 1, 2023, significant changes were implemented in MDS 3.0, particularly in the transition of assessing functional status within SNFs from Section G to Section GG. Section G has been largely removed from the MDS, prompting a consequential shift. This transition holds particular importance as many Quality Measures integral to the Five Star Rating system have traditionally relied on data from Section G, either directly or indirectly through risk adjustments. This session will provide a comprehensive overview of the implications and impact stemming from this transition. *CE: NHA, SW (SNF)*

C3: The "How" of Workplace Safety for Home Health and Hospice | *Matthew Wolak, The Crisis Prevention Institute* | Home Health & Hospice agencies have been forced to consider workplace safety for their staff in ways that are unprecedented! Learning how to de-escalate verbally is imperative. Learning how to get to a place of safety is paramount. Advanced physical skills can literally mean the difference between life and death!! Join Matthew as he presents how the transition to a new mentality will prepare you for effective change. *CE: NHA, SW (HH)*

C4: Unraveling Complex Cases – Strategies for Tackling the Toughest Resident Scenarios | *Dr. Joseph Rees* | Join us for an interactive session led by Dr. Joseph Rees, geriatrician, and a panel of esteemed experts as they explore real-world case studies within the post-acute care setting. During this session, Dr. Rees and the panelists will discuss a range of challenging scenarios, examining the details of each case and proposing evidence-based strategies for resolution. Whether it's medical complexities or ethical dilemmas, this session offers a unique opportunity to potentially resolve some of your facility-specific situations. Attendees will be encouraged to participate and engage in the discussion. *CE: NHA, SW (General)*

4:10 - 5:00pm

Breakout Sessions:

D1: The Future of Skilled Nursing and Consumer Preferences | *Dana Wollschlager, Plante Moran Living Forward* | To maintain relevance and long-term organizational sustainability, organizations must routinely evaluate their position in the marketplace, assess their operations and financial strength, and consider repositioning options and growth opportunities. A comprehensive life-cycle analysis of the products and services offered is critical to the strategic planning process. This session will evaluate the impact consumer preferences and shrinking utilization is having on long-term care and the broader senior living continuum. It will also explore the shift CMS has made away from reimbursements in an institutional setting to home- and community-based services and Medicaid waivers. Through a lively discussion around senior living repositioning case studies, industry benchmarks by unit type, and our experts' proven campus repositioning process, you'll learn how to right-size your skilled nursing and position your campus for long-term profitability. *CE: NHA, SW (SNF)*

D2: A Look Back and Forward at LTC Survey Trends | *Christine Twombly, RN-BC, RAC-MT, RAC-MTA, HCRM, CHC, Proactive Medical Review and Consulting* | During this session, we will delve into the latest survey trends happening nationwide. These trends can serve as a useful guide to prepare for upcoming surveys. Our primary focus will be to provide valuable insights and discuss effective strategies to assist facility leadership in implementing best practices to avoid common deficiencies in today's regulatory environment. *CE: NHA, SW (SNF)*

D3: Robotics in Senior Care | *Dr. Arshia Khan, University of Minnesota Duluth* | Robots and AI - is the future here? This session will focus on the work of Dr. Arshia Khan, specifically how robots and artificial intelligence are being used in aging programs and how they can be integrated into several different settings to positively impact both care recipients and providers. The future of Dr. Khan's work and the next generation of robots will also be discussed. *CE: NHA, SW (General)*

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4:10 - 5:00pm

Breakout Sessions:

D4: Music And The Heart: Creating Therapeutic Support Through Music and Heartbeats | Rebecca Jennings-Boyer, Avera@Home |

Rebecca will be presenting on utilizing music and heartbeats within a therapeutic treatment plan entitled: "Music and the Heart: Creating Therapeutic Support through Music and Heartbeats." Rebecca will share how others may also encourage healing, processing, and acceptance through these means. In the presentation, Rebecca will discuss the field of music therapy, utilizing music as therapy vs. music in therapy, and the benefits of music-stimulated interventions within hospice, which includes the heartbeat recording life legacy project. Rebecca will provide a glimpse of music therapy through vignettes, visuals, and sound samples within this presentation. *CE: NHA, SW (General)*

5:00 - 6:30pm

Social and Vendor Show

Register for prizes, vote for your favorite facility art project, meet with industry businesses, enjoy appetizers and drinks

Thursday, April 11

8:00 - 8:50am

Breakout Sessions:

A1: Post-Session Insights on South Dakota Healthcare Policies and Long-Term Care Advancements | Panel |

The 99th legislative session in South Dakota has recently concluded, and it sparked dynamic discussions about healthcare policies. Join us for an engaging session where we will hear from key policymakers in South Dakota who are instrumental in shaping healthcare policies. They will provide an update on pivotal legislative decisions and delve into the outcomes and advancements stemming from the Long-Term Care Summer Study. The panel will also discuss policies or initiatives that were a direct result of this work. Stay informed and engaged as we explore the positive strides taken to enhance the landscape of long-term care in South Dakota. *CE: NHA, SW (General)*

A2: Navigating the Landscape: Antipsychotics in Elderly Care | Dr.

Robin Arends, South Dakota State University | This presentation will highlight the use of antipsychotics in the treatment of older patients. The presentation will focus on why antipsychotics may be prescribed, the risks and benefits of the medication, regulatory considerations, and monitoring. *CE: NHA, SW (General)*

A3: Nutrition in Post-Acute Care | Claudia Botzet & Anna Tvedt, SDSU Extension | Maintaining good health and recovering from illness depend on having a proper diet. In this session, you will learn about the role of dietitians in supporting care teams, identifying signs and symptoms of malnutrition, and understanding the impacts of dysphagia and home environments on nutrition status. By the end of the session, you will have access to resources that will help you support nutritional care in your post-acute care setting. *CE: NHA, SW (General)*

9:00 - 9:50am

Breakout Sessions:

B1: This Isn't Your Dad's Technology Session. Or Is It? | Joel

Prevost, Prevost Partners Inc. | Our parents and grandparents are the most technologically savvy seniors in history. The post-acute and senior care industry has adopted innovative practices in response to the pandemic, staffing crisis and the ongoing evolution of quality care. Innovation is necessary to both survive and thrive in senior care. Learn about solutions and trends that will have a great impact on staff retention, quality care and operational efficiencies. In this session a seasoned operator will cover topics like AI, virtual reality, the internet of things and more. You will hear best practices, case study examples and decades of wisdom about adopting technology and implementing innovative changes to accomplish better care, remove burden from employees and improve operations. *CE: NHA, SW (General)*

B2: Depression in the Elderly & How to Engage | Robert Nuss, MD,

Avera Psychiatry | This session will delve into the often-overlooked topic of depression in the elderly, shining a light on the challenges faced by this demographic and exploring effective strategies for support and intervention. Psychiatrist, Robert Nuss, MD, will aim to increase awareness, discuss how to recognize symptoms, and provide practical insights into addressing depression in the elderly. Attendees will leave with a deeper understanding of the complexities surrounding the issue and will be equipped with the knowledge and tools needed to effectively care for those dealing with depression. *CE: NHA, SW (General)*

B3: High Conflict - Turning Conflict into Constructive Behavior

(Part 1) | Molly J. Mackey, MBA, CPTD, LEAdErNship Institute | High conflict destroys teams and workplace culture. Constructive conflict breeds innovation, creativity and collaboration. So how do you move yourself, and your team, to constructive conflict? This session will show you! Learn what drives destructive high conflict and how to mitigate it. Find out how to set up an environment for healthy conflict and benefit from it. *CE: NHA, SW (General)*

B4: Medical Ethics and Patient Autonomy in the Home | Panel |

Ensuring patient safety is critical in the home environment, but what if the patient chooses a lifestyle that may be perceived as self-neglect? The question arises: when is intervention necessary, and at what point does one's autonomy intersect with their ability to make decisions? Navigating these delicate situations can be challenging. Join this session for a thought-provoking presentation where we explore a home health case study, and a panel of experts will share suggestions and advice on handling these difficult and sensitive scenarios. *CE: NHA, SW (HH)*

SCHEDULE

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Thursday, April 11

10:00 - 10:50am

Breakout Sessions:

C1: Labor and Employment Law and Regulation: 2024 Outlook and Emerging Issues | *Jonathan Lips, LeadingAge* | Over the past year, various federal agencies have proposed or established significant regulatory changes relating to employment and labor. This includes agencies traditionally focused on these issues, such as the U.S. Department of Labor and the National Labor Relations Board, but also the Centers for Medicare & Medicaid Services, which has proposed a national nursing home staffing standard, and the Federal Trade Commission, which has proposed to strictly regulate non-competition agreements. This session will describe these developments and offer an outlook for the remainder of 2024. CE: NHA (General)

C2: The Latest in Alzheimer's and Dementia Research | *Lisa Groon, Alzheimer's Association* | Alzheimer's is a global health problem with more than 6 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions. The Alzheimer's Association is a global leader in research, mobilizing the field to advance the vision of a world without Alzheimer's and all other dementia. CE: NHA, SW (General)

C3: High Conflict - Turning Conflict into Constructive Behavior (Part 2) | *Molly J. Mackey, MBA, CPTD, LEAdRNship Institute* | High conflict destroys teams and workplace culture. Constructive conflict breeds innovation, creativity and collaboration. So how do you move yourself, and your team, to constructive conflict? This session will show you! Learn what drives destructive high conflict and how to mitigate it. Find out how to set up an environment for healthy conflict and benefit from it. CE: NHA, SW (General)

C4: Climb the 'Tier' to Understanding the Assisted Living Rate Methodology | *Caitlin Clarey & Heather Krzmarzick, Department of Human Services Division of Long Term Services and Supports* | Join representatives from the South Dakota Department of Human Services to better understand the rate methodology for assisted living providers. Attendees will learn about the assessment process and how assisted living staff can participate to ensure an accurate assessment. Additionally, the process utilized to determine rate tiers will be explained. CE: NHA, SW (AL)

11:00am - 12:00pm

Closing Keynote:

Inspired Leadership | *Rich Bluni* | Few other professions afford the opportunity to impact lives on such a profound level, not only physically but emotionally and spiritually as well. Yet the same qualities that make healthcare so deeply rewarding can also make it a challenge for us to sustain our energy and passion over time. Inspired care helps us maintain and recapture those elusive qualities. Healthcare workers must also take care of themselves in order to be able to do the challenging physical, emotional and intellectual work that it takes to serve others. In this thought-provoking and inspirational presentation, Rich Bluni, a registered nurse, reminds all healthcare employees why we chose this profession. He provides a wealth of action-oriented "spiritual stretches" that help us more fully integrate the gifts of healthcare — joy, wonder, gratitude, insight and grief — into our daily lives. His personal stories illuminate those sacred moments we all experience. Inspired care is a welcome validation that when we stay engaged and committed, we're more likely to provide extraordinary resident care ... in terms of both clinical outcomes and human compassion. CE: NHA, SW (General)

Thank you Sponsors!

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