# **LifeCircle South Dakota**

# Agenda 07/29/2024 9:00 AM CT

**Purpose of LifeCircle SD**: Improve serious illness care for patients and their support person(s), not limited to, but including end of life care.

**Vision of LifeCircle SD:** Provide a collaborative approach to improve care for South Dakotans living with serious illness and their support person(s).

**Aim of Life Circle:** Interdisciplinary and inter-institutional representation of people, organizations, and institutions for the entire state.

**Goals of LifeCircle SD:** To help us meet our purpose and vision, LifeCircle SD strives to provide:

- Professional Education
- Public Education
- Patient and Support Person(s) Education
- Public Policy- monitoring and advocacy

#### Monthly Meetings: Last Monday of every Month @ 0900 CST

# Members of LifeCircle SD

Alicia Syverson; Ally Brandner; Amanda Sedlacek; Amber Allen; Amy Keranen; Angela Kroeze Visser; Andrew Brown; Ashley Johnson; Becky Memboleo; Brandi Pravecek; Brandon Varilek; Cameo Anders; Carla Graciano Sarinana; Carole Stewart; Carrie Christopherson; Cate Davis; Cathy Kellogg; Charlene Berke; Cheryl Fischbach; Dan Heineman; Danielle Gannon; Danielle Richards; David Brechtelsbauer; Dawn Ingalls; Deb Arbogast; Deb Fischer Clemens; Deborah Deuschle; Elizabeth Schenkel; Heather Krzmarzick; Hillary Turner; Janelle Goodfellow; Jeanice Miskimins; Jenna Brandt; Jill Ireland; Jo Neubauer; Joseph Rees; Julie Dixen; Justin Ohleen; Karen Gallagher; Karen Jensen; Kathryn Moore; Kathy Gubin: Kayla Wolff: Kelly Boyd: Kim Malsam-Rysdon: Kristine Wensmann: Lisa Groon; Lisa Kunkel; Lori Tracy; LuAnn Eidsness; LuAnn Trutwin; Mari Perrenoud; Mari Beth Van Zanten; Mary Hill; Mary Isaacson; Mary Jo Heier-Johnson; Megan Dalton; Megan Myers; Melissa Schilousky; Michele Sargent; Michele Snyders; Michella Sybesma; Mindi VandeKamp; Mollie Sanchez; Molly Keegan; Nicolle Shumaker; Priscilla Bade; RaChelle Gruba; Rhonda Wiering; Robin Randall; Sabina Kupershmidt; Sally Nielson; Sandy Dieleman; Sarah Mollman; Shelly Roy; Stacie Sinclair; Stephanie Klemann; Tammy Hatting; Teresa Garren-Grubbs; Terri Peterson-Henry

To Join: Complete the registration page on the bottom of the <u>LifeCircle Webpage</u>. Once you have registered, you will receive the zoom link to get the year's meeting planner w/link. BE SURE TO ADD TO YOUR CALENDAR!

# South Dakota State Definition of Palliative Care

§34-12-1.1(13)

"Palliative care," specialized medical care that is provided to a patient of any age, with a serious illness at any stage, and which:

(a) Is designed to improve a patient's quality of life, and that of the patient's family, by providing relief from the symptoms and stresses of the patient's illness;

	<ul> <li>(b) May be provided alongside curative treatments in primary and specialty settings, based on the needs of the patient and not on the prognosis; and</li> <li>(c) Delivered collaboratively, in any setting, by a specially trained interdisciplinary team that includes healthcare practitioners, nurses, social workers, spiritual care providers, and other patient support providers;</li> </ul>
Items	Action
Introduction	Justin Hinker- VP Post-Acute Care-Justin joins SDAHO's team to oversee the Post-Acute arm of SDAHO- Long-term Care/Skilled Nursing; Assisted Living; Home Health & Hospice; Palliative Care & LifeCircle. He comes with extensive NH Administrator experience both with Good Samaritan and his most recent 17 year stay with Avera Prince of Peace. He is a former SDAHO board member and Leading Age Delegate.
ACT Index	Follow up Discussion: In what way can LifeCircle impact these outcomes?  Cost Domain: SD excels in this area. SD advanced to 3d place by reducing its rate of preventable hospitalizations, fewer hospital days, fewer ICU days, fewer patients going w/o care 2/2 cost, lower co-pays. Areas to improve! SD has lower # hospices days/decedent and higher Medicare spending /descendants in last 2 years of life.  Care Domain: Care: SD bottom 5 states in this domain. SD dropped to having the 2nd lowest rate of HHC workers- emotional/spiritual support, help for pain/symptom, and family training all remained the same-SD could improve adults getting the help/advice they need from their home health provider at the end of life.  Communication Domain: SD remained consistents could improve by providing more advanced care planning services for Medicare FFS beneficiaries and enabling more people to die at home.  Caregiving and Community Domain: All states saw a drop in community support \$\$, increased # seniors w/ dedicated HC Provider, decreased % of adults 60+w/food insecurity, Increased home delivered meals 60+ w/Independent living, lower # of caregivers/Medicare beneficiary  Discussion around Areas that LifeCircle could support. Looking into Advance Care Planning was discussed:  1. Kim MR will look into the ACP Taskforce (Sandy Dieleman and Dr. Thury) and bring back information on that status/findings  2. Beth Dokken will look into what may be happening at the State-The Cancer Coalition had a priority to increase ACP and access to PC as part of their Cancer Plan strategies- can this be continued? There is work through the BOLD grant that was awarded to create statewide dementia coalitions where ACP could fit. She will report back next month.  3. How to reach Rural South Daktoa  4. Lack of awareness – how to address this (data came from pulling down ACP billing codes- are providers not billing or is ACP not being done?)  5. Create scripting for nurses/other disciplines to start these conversations to ease the burden on providers -

Update received from NASHP on ACT Index report update: In responding to an inquiry pertaining to a measure in the Cost domain (total Medicare spending per decedent), we found a hidden row in the master excel file that caused this measure to be off when it was pulled from the reference file. This measure did not change from 2020 to 2023. This has since been addressed in the ACT Report (link here: <a href="https://thectac.org/wp-content/uploads/2024/07/Act-Index-2023-FINAL.pdf">https://thectac.org/wp-content/uploads/2024/07/Act-Index-2023-FINAL.pdf</a>)

To the extent this impacted South Dakota's scores, SD's overall ranking moved from 12 to 15 in national standings. SD also moved up to 2nd in the Cost Domain in the 2023 rankings. This was still due to the state reducing the rate of preventable hospitalizations.

### **Quarterly Education**

September 11: Angela Visser- PhD Research: 'Perspectives on integrating community health workers into palliative care teams in South Dakota'. Use this link to <u>register</u> prior to September 11to get your meeting link: https://zoom.us/webinar/register/WN hNbBeoCuRsqVr1FVVE2UGQ

**December 11:** Brandon Varilek "Hospice Use Disparities for American Indian Persons with ESKD"

**Ideas for next year:** 

- 1. Specialty PC-ie: perinatal, pediatric, neuro & psych?
- 2. Hospice- update on hospice benefit-medication coverage
- 3. Complimentary Therapy
- 4. Sexuality and Intimacy
- 5. SD MOST & Comfort One

Please send other topics for education to michele.snyders@sdaho.org

# **MISC Education re:** Hospice and PC

MJHS Hospice and Palliative Care Webinars: Link to them on the SDAHO

<u>Education Calendar</u> or on the MJHS website. These are FREE.

8/15- Ethical Decision Making When Advance Directives May No Longer Apply

Social Work Hospice and Palliative Care Network (SWHPN): Free to SDAHO Members- Register on the <u>SDAHO Education Calendar</u>

- Utilizing and Ecological Framework to navigate requests for Non-disclosure in Pediatric Palliative Care: August 2, 2024 1:00 p.m. CST/12:00 p.m. MST- register <u>here</u>
- 2. Sexuality and Intimacy in Palliative Care recording link due to technical difficulties:

https://us02web.zoom.us/rec/share/AQ5r81mGc8zUgw7jyNTFcfrGhuMjvTQAVDBv9TtSDez6rjYMoA4QExgcX6aOOG.qn3TQ2vHoHCHrgF C

3. The next SWHPN webinar available through SDAHO is on Aug 2 | Utilizing an Ecological Framework to navigate requests for Non-disclosure in Pediatric Palliative Care | Click here for more information.

	The Hospice and Palliative Credentialing Center (HPCC) has just announced the Sandra Lee Schafer Certification Scholarships. 25 scholarships will be awarded to nurses and other members of the interprofessional team to cover the cost of obtaining or renewing your HPCC certification. To apply for the scholarship, click here. Deadlines is November 1, 2024 11:59 PM (EDT)  NHPCO Project ECHO Equity Miniseries- Ethical Dilemmas Across Health Equity or https://sdaho.org/calendar/  Hawaii's First-in-the-Nation Medicaid state Plan Amendment for Community Palliative Care- NASHP Webinar- August 5 2:30-3:30 CT/1:30-2:30 MT Register here  SDAHO renewed Hospice Foundation of America Membership and will make
	available all Live Webinars including the annual Living With Grief program. Links to register will be on the SDAHO Education Calendar. Preview webinars here.
TOOLS	Tools for tomorrow: a scoping review of patient-facing tools for advance care planning- Sage Journals
	My Health Checklist- a guide to help you prepare for your medical appointment- by The Conversation Project- uses the 4M's (Matters, Medication, Mind and Mobility)Also Available in Spanish and Portuguese
	American Society of Clinical Oncology (ASCO) <u>new recommendations</u> for palliative care at the time of diagnosis.
	IHI Age friendly mobility assessment tools to be used in a variety of care settings
	GeriatricPain.org is a one-stop website from the University of Iowa Csomay Center for Gerontological Excellence with <u>free best-practice tools and resources</u> that support recommendations for quality pain assessment and management in older adults.
	Veterans Health Administration (VHA) <u>video Series</u> - 4 stories for patients about having "what matters most" conversation with your healthcare team
	Guidelines from the National Quality Forum (NQF) recommend "a social assessment plan should address sexuality/intimacy, an area frequently overlooked in social planning" <u>CAPC resources</u> and <u>GeriPal podcast</u> resources are available.
2024 Conferences	All Things Grief: an interdisciplinary conference dedicated to educating and supporting individuals who guide and care for grievers. August 15, 2024, St. Paul RiverCentre Conference Interest Form
	2024 SWHPN Summer Summit: Bringing Your Expertise to the IDT Setting: 4-hour virtual workshop. Friday, August 23, 2024 from 11:00 am-3:00 pm CDT Click <a href="here">here</a> to learn more and register

<u>2024 NHPCO Annual Leadership</u> Conference - September 14-15: Preconference; **September 16-18**: Main Conference. Sheraton Denver Downtown Hotel, Denver Colorado.

<u>2024 Team Conference for Hospice & Palliative Care</u> (HPNA)- September 28-Baltimore, MD

<u>International Conference on Advanced Palliative Medicine, Symptom and Pain</u> Management 2024 **October 7&8** 2024 New York City, NY

<u>2024 Home Care and Hospice Conference and Expo</u>(NAHC)- October 20,2024-October 22, 2024; Tampa Convention Center- Tampa Florida

The Coalition to Transform Advanced Care (CTAC) <u>2024 National Leadership</u> <u>Summit</u> October 21-22 Capital Hilton in Washington DC- <u>Registration Link</u>

ISPEC Spiritual Care Training Course for Clinicians and Chaplains (SW Institute for Spirituality and Health-GWISH) October 28 & 29 in Washington DC

#### Please let Michele know of any conferences to post.

#### **Projects:**

SD Palliative Care Map & Directory: Reema Chande & Swetha Kalapatapu-SDAHO RISE-UP summer interns' project: <a href="https://sdaho.org/palliative-care-directory/">https://sdaho.org/palliative-care-directory/</a> Please review the directory and provide Michele with any changes or additions. Discussed how to promote this resoiurce including:

- 1. Newsletter in SDAHO newsletter
- 2. Presenting information at Post-Acute quarterly meetings and Post-Acute Council meeting
- 3. Promote through Social Media
- 4. Distribute information at Convention this September in Rapid City

#### National Palliative Care State Survey-

Create Education for the DoH Website- Development team: Sarah Mollman, Hillary Turner; Sandra Reinesch, Megan Myers, Amanda Sedlacek, Jane Kroese, Pam Koepsell; Rebecca Piroutek, Stephanie Rissler, Sheena Thomas- Items completed thus far:

- DoH link to SDAHO Palliative Care webpage Content;
- SDAHO Palliative Care Landing Page;
- Medical Professional Page for Adults which takes you to;
- Medical Professional Page- Primary Palliative Care;
- Medical Professional Page Specialty Palliative Care Page;

#### Remaining Content Page:

- Patient Page: Adult
- Medical Professional Page- Pediatric and Perinatal
- Patient Page- Pediatric and Perinatal
- Support Person page

SDAHO Marketing team will lay out the SDAHO website with new content and market the new information when complete.

Guardianship	Cameo Anders; Mari Perrenoud; Michele Snyders; Tammy Hatting; SDAHO
Education Update:	education team- Michella, Stephanie, Shenna
•	Web page: <a href="https://sdaho.org/guardianship/">https://sdaho.org/guardianship/</a>
	Current 5-10 minute video topics include:
	1. Informed Consent √- video is live on the website
	2. Healthcare Responsibilities √ Video is Live on the website
	3. Advance Care Planning √ video is live on the website
	4. Life Sustaining Treatment-√
	5. Medically Assisted Nutrition and Hydration- recorded √
	6. Cardiopulmonary Resuscitation- In Development
	7. Dialysis
	8. Help with Breathing
	9. ICD Implant 10. What You Need to Know to Set Un a Guardianship
	10. What You Need to Know to Set Up a Guardianship  Mari Perrenoud gave an update on the status- waiting to review the Medically
	Assisted Nutrition and Hydration education just recorded. Guardian Training
	Videos are located here.
	Videos die located <u>nere.</u>
Web Site	Advance Care Planning documents- Michele found new discussion guides to add to
	the Advance Care Planning site on the website: "My Advance Care Plan & Guide for
	Native Americans" is Produced by the National Indigenous Elder Justice Initiative
	Michele connected with someone to see if we can make the changes recommended by
	Kelly LeBeaux with the GPTCHB before posting to our website.
Federal Legislative	Reps Joyce, Armstrong, Underwood, & Kiggans reintroduced the Improving Care
News-	and Access to Nurses (I CAN) Act. HR 2713 Removes federal barriers that
	prohibit nurses from practicing to the full scope of their education and training in
	hospice, HHC and SNF. Read more here.
	Expanding Access to Palliative Care Act (S. 1845) introduced by Sens Rosen(D-
	NV), Barrasso(R-WY), Baldwin(D-WI), and Fischer(R-NE). proposes the creation
	of a demonstration project to support improved access to palliative care services
	through a community-based model. If passed, the bill would require the Center for
	Medicare and Medicaid Innovation (CMMI) to develop a Community-Based
	Palliative Care (CBPC) demonstration- interdisciplinary care to people with serious
	illness in their home and lead to improved quality and cost outcomes. NHPCO Press
	Release
	CONNECT for Healthcare Act – (H.R.4189) Introduced by Sens Schatz (D-HI),
	Wicker (R-MS), Cardin (D-MD), <b>Thune (R-SD)</b> , Warner (D-VA), & Hyde-Smith
	(R-MS) on June 15. It would build on expanding coverage of telehealth services
	through Medicare and make permanent COVID-19 telehealth flexibilities including
	Permanently allowing for the use of telehealth in the certification of a beneficiary
	for hospice. Read a summary <u>Here.</u> Read the full Bill <u>Here</u> .
	Palliative Care and Hospice Education and Training Act-PCHETA (US SB
	2243): Reintroduced by Senators Baldwin and Capito: The Palliative Care and
	Hospice Education and Training Act (PCHETA) requires HHS to provide support
	for Palliative Care and Hospice Education Centers. The centers must improve the
	101 I amative Care and 1105pice Education Centers. The centers must improve the

training of health professionals in palliative care and establish traineeships for individuals preparing for advanced-education nursing degrees, social work degrees, or advance degrees in physician assistant studies in PC. HHS may provide support to medical schools, teaching hospitals, and graduate medical-education programs for training physicians who plan to teach palliative medicine. HHS must (1) provide Palliative Medicine and Hospice Academic Career Awards to individuals to promote their career development, (2) support entities that operate a Palliative Care and Hospice Education Center, (3) support individuals in specified fields who are pursuing an advanced degree in palliative care or related fields, and (4) award grants to nursing programs to train individuals in providing palliative care. The Agency for Healthcare Research and Quality (AHRQ) must provide for a national education and awareness campaign to inform patients, families, and health professionals about the benefits of palliative care. The National Institutes of Health must expand national research programs in palliative care. Read NHPCO's press release here. Senator Rounds (R-SD) has signed on to co-sponsor

**Improving Access to Transfusion Care for Hospice Patients Act** (US <u>SB2566</u>) A bill to require CMMI demonstration to test allowing blood transfusions to be paid separately from the Medicare Hospice all-inclusive per diem payment was reintroduced to the Senate Finance Committee by Senator Rosen (D-NV) Read more <u>here.</u>

**Provider Training in Palliative Care Act** (S.2117) Sens Rosen (D-Nev) and Murkowski (R-Alaska) reintroduced legislation designed to expand the palliative care workforce. IF enacted it would allow medical students in the National Health Service Corps' (NHSC) to defer clinical service requirements for up to one year to pursue additional training in palliative care. They would also provide primary care during their time of service with HHSC. Read more <a href="here.">here.</a>

Improving Access to Advance Care Planning Act (H.R.8840/S.4873) New Version will be introduced in the near future and be ready for committee mark-up when larger legislative vehicles become available. The bills, sponsored by Rep. Blumenauer (H.R. 8840) and Senator Warner (S. 4873), remove Medicare copays for all ACP counseling, authorize Licensed Clinical Social Workers to use the two ACP billing codes to pay for ACP, and provide for additional provider education on these codes.

Preserving Telehealth, Hospital and Ambulance Access Act: Passed out of the House Ways and Means Committee by a vote of 41-0 read Leading Age summary <a href="here">here</a>. Read <a href="here">here</a> to see how this impacts hospices face to face specifically. Extends Hospital at Home waiver until 12/1/29 and telehealth extensions until 12-31-26

Gerald's Law Act: <u>H.R. 234</u> sponsored by Rep Jack Bergman, is a bill that requires the Department of Veterans Affairs (VA) to provide a burial and funeral allowance for a veteran who dies from a non-service-connected disability in a home or other setting at which the veteran was receiving VA hospice care (if such care was directly preceded by VA hospital or nursing home care).

#### Hospice

The Hospice Care Accountability, Reform, and Enforcement (Hospice CARE) Actbeing drafted by Rep. Earl Blumenauer. If enacted- would represent the most significant reforms to date for Hospice Payment and oversight. Though the bill language is still in development, key provisions will likely include a new payment mechanism for high-acuity palliative services, changes to the per-diem payment process and actions to improve quality and combat fraud. It would also implement a temporary, national moratorium on enrollment of new hospices into Medicare to curb fraudulent activities.

HFA Announcements: Two Research Studies:

Study of Bereaved Parents: Consider contributing to and sharing these valuable research surveys being conducted by Colgate, Penn State College of Medicine, and Weill Cornell Medicine/New York Presbyterian Hospital. Flier attached

Language Barriers in the Home Hospice Setting - HFA is partnering with Weill Cornell Medicine/New York Presbyterian Hospital to distribute this survey. Please take a moment to consider contributing to this valuable research. Flier attached

NHCPO and NAHC (National Association for Home Care & Hospice) formally signed an affiliation agreement between the two leading organizations in the care at home community. Integration of operations expected to take the rest of the yearactively searching for a CEO for the new organization.

R01 Grant- JR LaPlant, Tinka Duran, Bethany-Rose Daubman, MD, Frannie Arneson, MD, Mary Isaacson; Dr. Daniel Peterite- 2020-July 31, 2024 Dr. Isaacson reported they are in process of completing analysis. Lessons learned is that instituting palliative care programs with CHW across the 3 different South Dakota Reservations is not the same due to resources and access. Applying for a no cost extension

R21Grant- Dr. Mary Isaacson, Kelly LeBeaux Great Plains Tribal Leaders Health Board (GPTLHB), Gina Johnson (GPTLHB) Through the National Institute of Nursing Research. Focus is on palliative care messaging across cultures. Ends July 31, 2024. Also under analysis and hoping to apply for another R01 grant to do a clinical trial on Culture of Native People

SD CASIC HRSA Rural Healthcare Planning Grant: Project Director- Michele Snyders with 7 Network Members to look at the feasibility of creating a statewide coalition for coordinating and advancing palliative care and hospice services in South Dakota. Ends 9/30/2024-Marisette Hasan-Presented on structuring a formal Statewide Palliative care network, sustainability and Member needs. Will be applying for a no cost extension to work with network members to determine possible structure and sustainability plan.

# **Publications &** Marketing

Kupershmidt S, Pithan A, Fischbach C, Pudwill K, Berke C, Kroeze Visser A, Snyders M, Kullerd D. Pragmatic trial of palliative care support using ECHOTM mentoring. JHPN. October 2024; 26(5). Online Publication.

Sedlacek A, Mollman S, Snyders M, Gierach M. The state of palliative care in south dakota. South Dakota Medicine. November 2024.

Sedlacek A, Mollman S, Snyders M, Gierach M. Improving access to palliative care through education and training. South Dakota Medicine. November 2024

## State Grants

	Sedlacek A, Mollman S, Snyders M, Gierach M. Updates in advance care planning in south dakota. <i>South Dakota Medicine</i> . November 2024.  Pravecek B, Wey H, Isaacson MJ. Examining the Relationship Between Rural and Urban Clinicians' Familiarity With Patients and Families and Their Comfort With Palliative and End-of-Life Care Communication. American Journal of Hospice and Palliative Medicine®. 2024;0(0). doi:10.1177/10499091241265406  Understanding the Impact of Palliative Care-Mount Marty's Podcast- Health on the Map <a href="https://www.youtube.com/watch?v=k0cY-wSS7BQ">https://www.youtube.com/watch?v=k0cY-wSS7BQ</a> *All publications from South Dakota Authors can be shared on the <a href="https://creativecom/watch?v=k0cY-wSS7BQ">LifeCircle</a> web
	page if allowed by the journal. It's a great way to share education with healthcare professionals across our state.
Pediatrics	NHPCO Pediatric Palliative and Hospice Care Needs Assessment: Has your organization cared for at least one pediatric patient during the last four years? If so, complete the 2024 Pediatric Palliative and Hospice Care Needs Assessment. The Needs Assessment is a product of the Pediatric Advisory Council with the goal to gain a better understanding of the organizations and providers caring for pediatric patients with serious illnesses throughout the United States. The needs assessment helps create resources and support advocacy. Check out the FAQ resource for more information. Any questions can be directed to pediatrics@nhpco.org.
Quality	Any other new hospice and/or palliative care activities in our state to follow/promote?
LTC	"Palliative Care Widely Underutilized in Nursing Homes" -Palliative Care News  Palliative care in nursing homes: a qualitative study on referral criteria and implications for research and practice. Link to article
Round Table	National Association for Home Care & Hospice (NAHC) National Hospice and Palliative Care Organization (NHPCO) Alliance- these two organizations believe that together can benefit their members and ultimately patients and families they serve. The merger should be complete by the end of the year.
Next meeting	August 26, 2024 @ 0900 CT/0800 MT
LifeCircle Contact	Michele Snyders, MSW, CSW-PIP, APHSW-C SDAHO Hospice and Palliative Care Program Manager/LifeCircle Coordinator LifeCircleSD@sdaho.org 605-789-7538