

# South Dakota Resources for Substance Use Disorders



The Let's Be Clear website is a joint effort between the South Dakota Department of Health and Department of Social Services to address opioid misuse in the state. The website: [letsbeclearsd.com](https://letsbeclearsd.com) has MANY resources including how to find help, treatment options, medications for opioid use disorder (MOUD) for providers, and a multitude of excellent resources and information on how to treat opioid use disorder.

Care Coordination is a FREE, confidential service available for all South Dakotans, patients and medical providers. Call **988** and ask to speak to a Care Coordinator. They are trained specialists with additional training for opioid use disorder support. They are available to answer all kinds of questions to help get on the path to recovery. They help with housing, transportation, employment, food assistance, treatment options, financial assistance, behavioral health, and provide family support. <https://letsbeclearsd.com/treatment/care-coordination>



The Center provides a range of resources and connects individuals to services. To contact the Helpline Center: Call 211

Use the Helpline Center's statewide database to find opioid prevention, treatment, and support services in your area. Search by county or zip code. <https://www.helplinecenter.org/>

**988** is not only a suicide hotline, but they also provide substance use information along with support programs. They provide connection to all levels of treatment options including care coordination and follow-up support. They also provide texting, calls, or chat. <https://988lifeline.org/>



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Face It TOGETHER provides an effective approach to addiction wellness. They provide personalized peer coaching for those impacted by addiction, including loved ones. All Face It TOGETHER coaches have personal experience with addiction, either directly themselves, as a close loved one or both. They have degrees in a range of fields and complete extensive training to become certified coaches. [www.wefaceittogether.org](http://www.wefaceittogether.org)

ReNew (Recovering Mothers with Newborns) helps pregnant women with substance use disorders build positive behavior that supports successful recovery before and after the birth of their child. The program helps connect mothers with treatment and maternal health resources with goals of improving birth outcomes, reducing the risk and adverse complications of prenatal substance exposure for both mothers and newborns, and helping families stay together. <https://letsbeclearsd.com/recovery/recovering-moms>

## ReNew

Recovering Mothers with Newborns



creating a community where hope lives and everyone is respected

The Link is a community triage center in Sioux Falls. It is a safe place for people experiencing a non-violent behavioral health crisis or needing care for substance use disorder to access immediate treatment and referral to support services. **The Link treats patients residing in Minnehaha or Lincoln Counties.** Phone number: 605-275-1000. [www.linksf.org](http://www.linksf.org)

CBBH-SD offers a suite of free evidence-based self-management education and physical activity programs for adults and caregivers living with chronic pain. In a supportive group environment, participants learn skills to safely manage and balance life with ongoing physical and/or mental health conditions. [goodandhealthysd.org](http://goodandhealthysd.org)



BETTER CHOICES  
**better health**  
GOOD & HEALTHY SOUTH DAKOTA COMMUNITIES

Order FREE opioid-related resources from the SD DOH and Social Services:  
<https://letsbeclearsd.com/prevention/order-materials>