

EB Bethesda

Welcome to Enhanced Dining Always Available Menu

A Culinary staff member will be taking your order for your meal once you are seated at your table. Choices available to you will be based on the your current diet ordered by your Provider.

Breakfast (available all day)

Cereal

Oatmeal ~ Cream of Wheat ~ Rice Krispies
Cheerios ~ Corn Flakes ~ Honey Nut Cheerios
Raisin Bran

Toppings Brown Sugar ~ Raisins

Hot Breakfast Entrées

- Two Eggs, Any Style (One egg available on request)
- Two Buttermilk Pancakes
- Breakfast Sandwich: Egg, Cheese, and Sausage on a Biscuit

Omelet Station

Choose from the following:

Cheese ~ Ham & Cheese

On the Side

2 Bacon Strips Pork Sausage Patty

Breakfast Bakery

English Muffin ~ Bismarck ~ Long John

Raisin, White or Wheat Toast

Fruits & Yogurt

Banana ~ Applesauce ~ Grapes ~ Chilled Peaches

Chilled Pears ~ Fresh Orange Slices ~ Seasonal Fresh Fruit

Yogurt: Strawberry ~ Peach

Lighter Side

Soups

Tomato ~ Chicken Noodle ~ Soup of the Day

Sandwiches

From our Deli

Choice of Bread: White ~ Wheat

Choice of Filling: Ham ~ Turkey ~ Chicken Salad ~ BLT
Peanut Butter and Jelly

Cheese: American ~ Cheddar ~ Swiss

From our Grill

Hamburger	Cheeseburger
Grilled Chicken Breast	Grilled Cheese
Grilled Ham & Cheese	Grilled Turkey & Cheese

~Lettuce, Tomato, Pickle, & Onion are available on request with our Deli and Grill items.

Pizza by the Slice

Cheese
Sausage
Canadian Bacon (Ham)

Noon and Evening

Entrées

~ Grilled Chicken Breast	~ Potato Crusted Fish
~ Pot Roast	~ Meatloaf
~ Macaroni & Cheese	~ Chicken Strips (Ranch& BBQ)

Side Dishes

~ Green Beans	~ Baked Potato
~ Carrots	~ Pan Gravy
~ Mashed Potatoes	~ Baked Potato Chips
~ French Fries	~ Egg Roll (Sweet & Sour Sauce)

Desserts

Cookies: Chocolate Chip Cookie

Pudding: Vanilla ~ Chocolate ~ Sugar Free Vanilla

Frozen Treats: Rainbow Sherbet ~ Vanilla Ice Cream

Chocolate Ice Cream ~ Strawberry Ice Cream

Gelatin: Assorted Flavors

Main Course

There will be a Main Entrée selection available at each meal along with the Always Available Menu .

All items subject to availability