

# ENHANCE YOUR CLINICAL IMPACT WITH THE ALZHEIMER'S AND DEMENTIA CARE ECHO PROGRAM FOR BRAIN HEALTH



## What is Project ECHO®?

- » Mentoring and support conducted by the Alzheimer's Association® via case-based, interactive videoconference sessions.
- » Five biweekly sessions include brief didactic lessons followed by group consultation on de-identified patients.

## What will I learn?

- » Best-practice guidance for a lifespan approach to brain health
- » Evidence-based interventions that can be integrated into routine care
- » Effective strategies for communicating with patients and caregivers
- » Expanded awareness of – and connection to – community-based resources

## What will I gain?

- » Mentoring from leading experts
- » Strengthened confidence and capacity to addressing brain health in the clinic
- » Access to resources and a professional network
- » Certificate of completion
- » No-cost continuing education units (CME/ CNE/CEUs)

Note: Active engagement using a webcam and internet is strongly encouraged, and learners will have the opportunity to share feedback on their experience.

**THE ECHO PROGRAM IS 100% VIRTUAL AND FREE TO ATTEND!**



**Alzheimer's and Dementia Care ECHO**  
*Brain Health*

**Every other Friday, beginning April 17, 2026**  
9:00-10:00AM PT/11:00-12:00 PM CT/12:00-1:00 PM ET

Date	Topic
April 17, 2026	Brain Health Across the Lifespan
May 1, 2026	Vascular & Metabolic Health for Brain Health
May 15, 2026	Physical Activity & Nutrition for Brain Health
May 29, 2026	Cognitive Engagement & Social Connection for Brain Health
June 12, 2026	Sustaining Behavioral Change & Implementation

**For more information and to register,  
please contact Rachel Goldberger at  
[rbgoldberger@alz.org](mailto:rbgoldberger@alz.org)**

# ALZHEIMER'S AND DEMENTIA CARE ECHO PROGRAM FOR HEALTH SYSTEMS AND MEDICAL PROFESSIONALS

## FREQUENTLY ASKED QUESTIONS



### 1 What types of Health Systems are eligible to participate?

Eligible clinics include:

- Primary care
- Family medicine
- Internal medicine
- Please note: geriatric and other specialty clinics are welcome on a case-by-case basis

### 2 How many clinics and team members can join an ECHO series?

- 12-15 clinics representing different health systems
- 2-8 team members per clinic

### 4 Which team members can participate?

Participation will vary depending on your clinic's staffing structure and availability. Ideally, we encourage care teams to attend ECHO sessions **together** to enhance team learning and collaboration. \*Each clinic is required to have one prescriber register on their ECHO team.

Care teams can include:

- Physician
- Nurse
- Nurse Practitioner
- Physician Assistant
- Behavioral Health
- Case Management
- Physical Therapists
- Occupational Therapists
- Speech Language Pathologist
- Nutritionist
- Community Health Worker
- Pharmacist
- Healthcare Administration
- Other Clinic Staff

### 3 What equipment or technology is required to participate?

- **Tools:** A computer or mobile device with internet access, audio, and video capabilities.
- **Platform:** Sessions are conducted via Zoom.

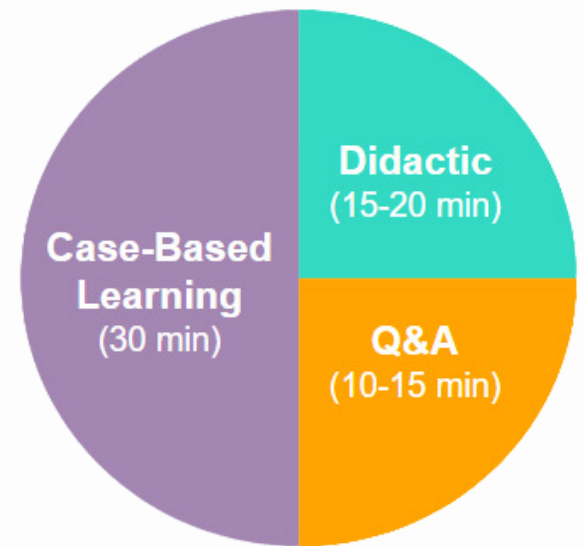


## 5 What does an ECHO session look like?

**Duration:** 1 hour per session

**Session Structure:**

- Brief presentation by a subject matter expert in dementia care
- Case-based learning using real de-identified patients brought by participants, similar to clinical rounds
- Case discussion and recommendations



## 7 What ECHO Programs would be a good fit for my clinic?

There are four Alzheimer's and Dementia Care ECHO Programs for Health Systems and Medical Professionals:

- Flagship program for Primary Care
- Collaborative ECHO program focused on the UCLA ADC Model
- Care Navigation for Dementia
- Brain Health Across the Lifespan

### Have More Questions?

Email us at [projectecho@alz.org](mailto:projectecho@alz.org).  
We want to hear from you!

## 6 What are the benefits of participating?

- **Specialized Knowledge:** Best-practice guidance for dementia risk reduction, care and support
- **Team Empowerment:** Improved care team's confidence to care for people living with Alzheimer's and other dementia
- **Resources and Information:** Access to and expanded knowledge of community-based resources
- **Communication:** Person-centered communication strategies for working with patients and caregivers
- **Free CEUs:** Earn CME/CNE/CEUs



**LEARN MORE**

- Alzheimer's and Dementia Care ECHO® Program [video](#)
- Alzheimer's and Dementia Care ECHO® Program for [Health Systems and Medical Professionals](#)
- Alzheimer's and Dementia Care ECHO® Program for [Professional Care Providers](#)
- Alzheimer's Association Project ECHO® [Superhub](#)